

Introductions

CAPE COD OYSTERS ½ doz. 14 1 doz. 28

Oysters on the half shell Cocktail, horseradish and lemons

HOT CRAB DIP

Lump crab meat, cream cheese, roasted tomatoes, served with pita chips 15

PINK GRAPEFRUIT & HONEY SHRIMP

Jumbo shrimp sautéed in garlic butter, finished with raw honey and pink grapefruit segments 15

SMOKED WHITEFISH PATE

Lox, capers, pickled onions, lemons and French bread 14

CALAMARI

Flash-fried, diced plums, almonds, chili lime sauce, vegetable and cilantro 14

FRIED DUCK DUMPLINGS With spicy kimchi and wakame 11

CHEESE AND CHARCUTERIE Cheese, prosciutto, garnishes 17

BONELESS WINGS 12

Sesame hoisin **Buffalo** Cherry barbecue Honey mustard

DUSTED AND CRISPY BROCCOLINI

Served with sesame tahini and yogurt 12

ONION ENCRUSTED **MEATLOAF LOLLIPOPS** With sriracha ketchup 13

CERVEZA AND LIME CHICKEN **QUESADILLA**

With smoked tomato cream 12

MIDDLE EASTERN PIZZA

Naan with hummus, sautéed spinach, marinated tomatoes, feta & spices 11

Soups

MAINE LOBSTER BISQUE Rich & creamy, 4 oz. lobster tail \$16

> **GINGER PUMPKIN** With toasted seeds and chive cream 13

SPICY BLACK BEAN

Tasso pork and smoked corn relish 13

Ask your server about menu items that are cooked to order or served Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

FEBRUARY 2020

DIVERSE **COOKERY**

Add house salad to any entrée: \$5

NORTHERN MICHIGAN TRIO

Smoked whitefish cake, sautéed walleye and fried smelt with multi-grain pilaf and broccolini 26

SMOKED WHITEFISH CAKES

Topped with dark cherry and lemon cream, served with multi-grain pilaf and broccolini

LAKE HURON YELLOW PERCH

Old Bay tartar, raspberry slaw, multi-grain pilaf and broccolini 26

SEAFOOD POT PIE

Lobster, scallops, shrimp, vegetables, redskin potatoes in a lobster cream sauce, served in a puff pastry shell 27

FIG & MAPLE GLAZED SALMON

Red beet puree, multi-grain pilaf and broccolini 26

PAPPARDELLE FRUIT DE MER

Roasted red pepper pasta with scallops, shrimp and lobster, tossed in a white clam sauce, garnished with fried calamari and parmesan cheese

FREE RANGE CHICKEN

Stuffed breast with arugula, marinated tomatoes and sauteed in morel butter

Steaks & Chops

Served with fried prosciutto strips, onion and sweet potato hay, braised mushroom barley and broccolini

8 OZ. CENTER-CUT FILET With béarnaise sauce 34

WEST BAY PORK CHOP With apple and dark cherry butter

18 OZ. PRIME BONE-IN NEW YORK STRIP STEAK Topped with shallot butter

BRAISED TWIN SHORT RIBS Glazed with maple and bacon and

Pommery mustard

Extras:

DATI ab.	
4 oz. lobster tail	16
4 jumbo sea scallops	16
4 jumbo shrimp	14
Smoked whitefish cake	12

255 Munson Ave (US-31) Traverse City, MI 49686 www.reflectbistro.com

Greens

FLOWERING KALE SALAD

Garbanzo beans, cherry tomatoes, red quinoa, pumpkin seeds, with white balsamic dressing 12

APPLE BEET

Spinach, roasted beets, goat cheese, apples, almonds with cider vinaigrette 13

CAMBRIA CAESAR SALAD

Romaine, parmesan, diced tomatoes, pumpernickel croutons 13

EAST BAY CHERRY SALAD

Mixed greens, Gorgonzola, apples, sun-dried cherries, candied walnuts with maple raspberry dressing 13

BLEU CHEESE WEDGE SALAD

Parmesan cheese shell, with bleu cheese, tomatoes, bacon, charred romaine 15

SALAD EXTRAS:

8 oz. filet 15 chicken 8 salmon 9 four pieces of jumbo shrimp 14

Sandwiches

Served with salt & pepper chips. Add fries for \$4

REFLECT REUBEN

Corned beef, swiss, Russian dressing, granny smith-kraut on toasted rye 15

BOURBON STREET MUFFULETTA

Italian meats, Provolone cheese, green olive salad on French bread 16

SMOKED WHITEFISH CAKE

Dark cherry & lemon cream, lettuce, tomato on an English muffin 16

REFLECT CLUB MELT

Grilled multigrain bread, cheddar cheese, ham, turkey, bacon, spring mix, tomato, garlic mayo 14

REFLECT CRISPY CHICKEN

Hand-breaded, topped with provolone, prosciutto, garlic mayo and pickles on a brioche bun 15

WALLEYE SANDWICH

Lightly dusted walleye topped with cheddar, lettuce, tomato, Old Bay Tartar on onion baguette bread 16

10 oz. Burgers

Served with salt & pepper chips. Add fries for \$4

CAMBRIA BURGER

Prime beef patty with cheddar cheese, lettuce, onion, tomato 14

LOADED PATTY MELT

Mushrooms, bacon, onions, Swiss, garlic mayonnaise on toasted rye 16

EVERYTHING BURGER

Bacon, cheddar cheese, fried egg on an everything bagel