

# **BREAKFAST, BREAKS & REFRESHMENTS**

# **BREAKFAST BUFFETS**

Minimum 10 guests

European Deluxe

\$29/guest

Inn-Made Bakery Items, Toast Sweet Butter, Spiced Berry Compote & Honey Seasonal Fresh Fruit & Berries Natural & Fruit Yogurts Prosciutto, Salami, Cheddar Cheese, Brie Hard Boiled Eggs Orange & Grapefruit Juice

Regular & Decaffeinated Coffee, Assorted Teas

\* A surcharge of \$4 per guest will be applied for groups of less than 20

West Coast \$31/guest

Inn-Made Bakery Items
Sweet Butter, Spiced Berry Compote & Honey
Seasonal Fresh Fruit & Berries
Smoked Salmon Eggs Benedict, Spinach Hollandaise
Bacon & Local Pork Sausage
Hash Brown Potatoes, Crispy Onions & Kale
Orange & Grapefruit Juice
Regular & Decaffeinated Coffee, Assorted Teas

Substitute Dungeness Crab Cake Benedict \$3/guest Traditional Eggs Benedict also available.

Choose one type of Eggs Benedict for all guests
\* A surcharge of \$4 per guest will be applied for groups of less than
20

Continental \$23/guest

Inn-Made Bakery Items
Sweet Butter, Spiced Berry Compote & Honey
Seasonal Fresh Fruit & Berries
Natural & Fruit Yogurts
Orange & Grapefruit Juice
Regular & Decaffeinated Coffee, Assorted Teas

# **Healthy Choice**

\$27/quest

Bircher Muesli Bar
Plain Yogurt, Oatmeal, Hemp Granola, Honey,
Dried Figs, Apricots & Cranberries
Low-Fat Muffins, Inn-Made Bread Loaves, Multigrain Toast
Sweet Butter, Fruit Preserves & Honey
Seasonal Fresh Fruit & Berry Salad
Egg White Frittata,
Tomato, Kale, Mushrooms & Goats' Cheese
Orange & Grapefruit Juice
Regular & Decaffeinated Coffee, Assorted Teas

# Canadian \$29/quest

Inn-Made Bakery Items, Toast

Sweet Butter, Spiced Berry Compote & Honey
Seasonal Fresh Fruit & Berries
Scrambled Free Range Eggs
Bacon & Local Pork Sausage
Hash Brown Potatoes, Crispy Onions & Kale
Orange & Grapefruit Juice
Regular & Decaffeinated Coffee, Assorted Teas
\* A surcharge of \$4 per guest will be applied for groups of less than
20



\$8/guest

# **BUFFET ENHANCEMENTS**

Made-to-Order Omelette Station

Must be ordered for the number of guests in attendance (Minimum 20 guests)

Maple Butter Baked Pancakes \$5/guest

Coconut Milk French Toast \$4/piece
Spiced Berry Compote \$6/guest

Spiced Berry Compote, Brown Sugar & Dried Fruits

 ${\it Minimum~2O~pieces~per~item~ordered}$ 

Berry or Green Power

Breakfast Strudel Scrambled Egg, Sausage, Green Onion, Smoked Cheddar Cheese	\$6/piece
Eggs Benedict Traditional Back Bacon Kale & Tomato Smoked Salmon	\$6/piece \$6/piece \$8/piece
English Muffin Sandwiches Scrambled Egg Kale & Tomato	\$6/piece
Folded Egg Back Bacon, Oven Dried Tomato, Aged Cheddar	\$7/piece
Granola Parfaits	\$6/piece
Dry Cereals & Milk	\$5/piece
Plain & Multigrain Bagels Cranberry, Sweet Ginger & Plain Cream Cheeses	\$7/piece
Fruit Smoothies	\$7/guest



# **BRUNCH**

Brunch Buffet \$43/guest

Minimum 20 guests

Inn-Made Bakery Items Sweet Butter, Spiced Berry Compote & Honey Bircher Muesli Seasonal Fresh Fruit & Berries

Caesar Salad Beet & Lentil Salad, Sherry Vinaigrette Field Greens, Tomatoes, Cucumbers, Sweet Onion Soy Vinaigrette

Eggs Benedict Back Bacon, Togarashi Hollandaise Sauce

Maple Butter Baked Pancakes

Bacon & Local Pork Sausage

Home Fried Potato Gratin Onion, Peppers, Kale, Cheese, Double Smoked Bacon

Crispy Fried Basa Honey & Hoisin Glaze, Tobiko Biryani & Vegetables

Shanghai Noodles Pork, Beef & Vegetable Kimchi Stir-Fry

Selection of Inn-Made Cakes, Pastries & Squares

Orange & Grapefruit Juice Regular & Decaffeinated Coffee, Assorted Teas

#### Add-Ons

Made-to-Order Omelette Station \$8/guest
Prime Rib Carving Station \$11/guest

# PLATED BREAKFASTS

Point Breakfast \$27/guest

Maximum 50 guests

Inn-Made Bakery Items (per table)
Sweet Butter, Fruit Preserves & Honey (per table)
Seasonal Fresh Fruit & Berries (per table)
Scrambled Free Range Eggs
Bacon & Local Pork Sausage
Hash Brown Potatoes, Crispy Onions & Kale
Oven Roasted Tomato
Orange & Grapefruit Juice

Regular & Decaffeinated Coffee, Assorted Teas

# Harbour Breakfast

\$28/quest

Inn-Made Bakery Items (per table)
Sweet Butter, Fruit Preserves & Honey (per table)
Seasonal Fresh Fruit & Berries (per table)
Traditional Back Bacon Eggs Benedict
Hash Brown Potatoes, Crispy Onions & Kale
Oven Roasted Tomato
Orange & Grapefruit Juice
Regular & Decaffeinated Coffee, Assorted Teas

Substitute traditional eggs Benedict for the following:
Smoked Salmon Benedict \$2/guest
Dungeness Crab Cake Benedict \$5/guest



# THEMED BREAKS

Minimum 10 guests

Cookies \$12/guest

Double Chocolate Chip, Cocoa Nib Crunch Miso Sesame Peanut Butter, White Chocolate Macadamia Nut, Toffeedoodle Regular & Decaffeinated Coffee, Assorted Teas

Healthy \$12/guest

Inn-Made Fruit & Nut Delight Bars
Berry Smoothies
Regular & Decaffeinated Coffee, Assorted Teas

Energy \$13/guest

Inn-Made Coconut, Date & Nut Power Bars Assorted Cookies Berry Smoothies Regular & Decaffeinated Coffee, Assorted Teas

Veggie Snacks \$13/guest

Baked Kale & Root Vegetable Chips Vegetable Crudités, Herb Ranch Dressing Green Power Smoothies Regular & Decaffeinated Coffee, Assorted Teas

Refresh \$14/guest

Plain Yogurt, Hemp Granola, Honey Dried Figs, Apricots & Cranberries Seasonal Fresh Fruit & Berry Salad Regular & Decaffeinated Coffee, Assorted Teas Tea Break \$14/guest

Warm Scones, Devonshire Cream & Berry Jam Battenberg Cake Traditional & Jasmine Tea Shortbread Regular & Decaffeinated Coffee, Assorted Teas

Inn-Made Candy Inspired \$14/guest

"Twix®", "Turtle®" & S'mores Bars Miso Sesame Peanut Butter Tarts Regular & Decaffeinated Coffee, Assorted Teas

Chocolatier \$16/guest

Chocolate Brownies
Double Chocolate Chip Cookies
Double Dipped Chocolate Strawberries
Regular & Decaffeinated Coffee, Assorted Teas

Sweet & Savory \$22/guest

Inn-Baked Tahini Maple Pecan Loaf Assorted Cookies Assorted Open & Closed Mini Sandwiches Vegetable Crudités, Herb Ranch Dip Regular & Decaffeinated Coffee, Assorted Teas



# **CHEF ITO'S SNACKS**

Sweet		Savoury	
Assorted Inn-Baked Muffins	\$36/dozen	Assorted Savoury Croissants Ham & Cheese, Spinach & Feta, Prosciutto & Asparagus	\$46/dozen
Assorted Inn-Baked Croissants Butter & Chocolate	\$44/dozen	Plain & Multigrain Bagels Cranberry, Sweet Ginger & Plain Cream Cheeses	\$60/dozen
Inn-Baked Almond Croissants Twice baked with toasted almond & frangipane filling	\$46/dozen	Double Smoked Bacon & Cheddar Puff Twist	\$36/dozen
Inn-Baked Fruit & Nut Delight Bar	\$36/dozen	Inn-Baked Warm Cheese Scones	\$38/dozen
Inn-Baked Coconut, Date & Nut Power Bar	\$36/dozen	Vegetable Crudités (serves 15)	\$60/platter
Assorted Inn-Baked Cookies	\$34/dozen	Truffle Buttered Popcorn (serves 10)	\$36/bowl
Assorted Inn-Baked Macarons	\$36/dozen	nome Buttered Popcorn (serves 10)	
Assorted Inn-Baked Tarts & Bars Miso Sesame Peanut Butter Ganache Tarts,	\$34/dozen	Homemade Potato Chips (serves 10) Sour Cream Dill Dip	\$30/bowl
Twix® & Turtle® Bars & Chocolate Praline Cocoa Nib Tart		Baked Kale & Root Vegetable Chips	\$30/bowl
Inn-Baked Tahini Maple Pecan Loaf (serves 12)	\$33/loaf		
Assorted Inn-Baked Loaves Choice of: Grapefruit Poppyseed, Strawberry Almond Chocolate Zucchini, Matcha Macadamia Red Bean	\$32/dozen		
Mini Sweets Tray Assortment of Brownies, Slices & Bars	\$37/dozen		
Seasonal Fresh Fruit & Berries (serves 8)	\$56/platter		
Granola Parfaits	\$5/piece		
Individual Fruit Yogurts	\$46/dozen		
Assorted Whole Fruits	\$36/dozen		
Double Dipped Chocolate Strawberries	\$36/dozen		



# REFRESHMENTS

Based on 1.5 hours service

Hot Beverage Service \$4.95/guest Regular & Decaffeinated Coffee, Assorted Teas

Chilled Juices (charged on consumption) \$4.50/can

Chilled Juices (charged on consumption)
Apple, Cranberry, Orange,

Freshly Squeezed Orange Juice \$9/glass

Soft Drinks (charged on consumption) \$4.50/can

Coca-Cola, Diet Coke, Coca-Cola Zero, Sprite, Ginger Ale, Barq's Root Beer, Nestea®

Ginger Ale, Barq's Root Beer, Nestea

Bottled Water (charged on consumption) \$4.50/bottle
BADOIT (Sparkling) & DASANI (Still)

Fruit Smoothies \$7/guest
Berry or Green Power

Freshly Brewed Iced Tea (serves 8) \$30/pitcher

Lemonade or Fruit Punch (serves 8) \$32/pitcher

Individual Milk \$4.50/carton

1% & Chocolate 250ml carton



# LUNCH

# **Daily Lunch Buffets**

\$30/guest

minimum 18 Guests

Have a group of 17 guests or less? Speak to your Event Manager about our delicious à la carte banquet lunch menu

Our Executive Chef is happy to take the guess work out of planning your meals. Enjoy a different hot lunch each day of your conference.

# Monday, Thursday & Saturday

Artisan Breads & Rolls
Kale Salad, Miso & Goats' Cheese Dressing
Wakame Dusted Chicken, Burnt Onion Roasted Potato, Quick Braised Greens
Seafood Chowder, Spicy Corn Fritters
Matcha White Chocolate Pistachio Mousse Cake
Regular & Decaffeinated Coffee, Assorted Teas

## Tuesday & Friday

Artisan Breads & Rolls
Field Greens, Tomatoes, Cucumbers, Sesame Ginger Dressing
Crispy Fried Basa, Honey & Hoisin Glaze, Tobiko Biryani & Vegetables
Fenugreek Chicken, Buttered Naan
Chocolate Praline Cocoa Nib Tart
Regular & Decaffeinated Coffee, Assorted Teas

# Wednesday & Sunday

Artisan Breads & Rolls Spinach & Carrot Salad, Truffle Parmesan Cheese Dressing Café de Paris Buttered Trout, Korean Style Pancake, Edamame Shanghai Noodles, Pork, Beef & Vegetable Kimchi Stir-Fry Miso Sesame Peanut Butter Ganache Tarts Regular & Decaffeinated Coffee, Assorted Teas

Add Soup of the Day or Green Salad \$4/guest Select a menu from an alternative day \$3/guest



# **Lunch Buffets**

Available any day

Harbour Sandwich \$29/guest

Chef's Soup of the Day

Asian Coleslaw

Spicy Seared Tuna & Candied Salmon Focaccia Club

Egg Salad Mini Croissant

Ssamjang Chicken Tortilla

Truffle Mushroom Pâté, Multigrain Baguette

Black Currant Mousse Cake, Madeleine Sponge

Regular & Decaffeinated Coffee, Assorted Teas

Add Green Salad \$4/guest

Sliders on House Made Challah Buns \$31/guest

Field Greens, Sweet Onion Soy Dressing

Anise Braised Beef Short Rib, Pepper Boursin®, Sambal Honey Coleslaw

Pan Fried Trout, Kimchi Tartar

Aonori Falafel, Red Pepper, Feta & Spinach Mayonnaise

S'mores Bars

Regular & Decaffeinated Coffee, Assorted Teas

Add Soup of the Day \$4/guest

House-Made Pizza \$31/guest

Caesar Salad

Please select two types of house-made pizza:

- · Margarita Tomato Sauce, Basil, Bocconcini
- · Pepperoni, Kalamata Olive, Tomato, Mozzarella
- Roasted Garlic, Spinach, Alfredo Sauce, Mozzarella, Parmesan
- Wakame Chicken, Caramelized Onions, Japanese Mayonnaise, Tonkatsu Sauce Mozzarella

Chocolate Pizza

Regular & Decaffeinated Coffee, Assorted Teas

Add Soup of the Day \$4/guest



# **Lunch Buffets**

Available any day

Celebration Buffet \$45/quest

A surcharge of \$4/guest will be applied to groups of less than 40

Field Greens, Sweet Onion & Soy Vinaigrette Beet & Lentil Salad, Sherry Vinaigrette Organic Tomato, Basil, Bocconcini, White Balsamic & Extra Virgin Olive Oil

Smoked West Coast Salmon, Candied Local Salmon Citrus Hand Peeled Shrimp Tuna Three Ways, Shizo Dusted, Smoked, Hawaiian Poke

Café de Paris Buttered Fresh Trout, Shiitake & Ginger Soy Rice, Kale Chimichurri Chicken Breast, Burnt Onion Potatoes, Quick Braised Greens Seared Parmesan Polenta, Wild Mushroom & Cheese Strata, Tomato Coulis, Edamame

Sliced Seasonal Fruits & Berries
Selection of Inn-Made Cakes, Pastries & Squares
Includes Matcha White Chocolate Pistachio Mousse Cake, Miso Sesame Peanut Butter
Ganache Tarts, Chocolate Praline Cocoa Nib Tart

Artisan Breads & Rolls

Regular & Decaffeinated Coffee, Assorted Teas

#### Lunch Buffet Enhancement

**Chef Attended Carving Station** 

Grilled, Slow Roasted Prime Rib Chop Rosemary Beef Jus \$11/guest



# Waiter Served Lunches

- Add \$8/ quest to the entrée price to add a fourth course to your menu
- A surcharge of \$5/guest will be applied if you choose to offer a choice of entrées (as many as 3 choices of entrées must be received a minimum of 3 business days prior to function)
- A surcharge of \$13/quest will be applied for tableside entrée selections (as many as 3 choices). Only available for 4-course menus
- · Lunches include freshly brewed regular & decaffeinated coffee, assorted teas & freshly baked breads & rolls

Please choose one starter (soup &/or salad), entrée & dessert for the group

#### Soups

Wild Mushroom Velouté, Puffed Wild Rice Thai Chicken, Coconut & Tomato Soup, Cilantro Oil Curried Squash & Apple Soup, Pumpkin Seed Praline

#### Salads

Field Greens, Herb Roasted Tomato, Goats' Cheese, Herb Ranch Organic Tomato, Fresh Cheese, Soft Herbs, White Balsamic & Extra Virgin Olive Oil Curry Granola Roasted Baby Carrots, Citrus Purée, Carrot Chips, Carrot Top Oil, Arugula

#### Entrées

Chimichurri Chicken Breast Farro, Eggplant Purée, Roasted Carrots, Chicken Jus	\$38
Café de Paris Buttered Roast Trout Candied Yams, Green Beans	\$41
Roast Beef Strip Loin Squash Purée, Tomato Confit, Rosemary Fingerling Potatoes	\$46
Braised Beef Short Rib Mushroom Parfait, Miso Confit Potato, Baby Bok Choy	\$44

#### Desserts

Matcha White Chocolate Pistachio Mousse Cake Grapefruit Ice Cream, Kinako Tuille, Jasmine Tea Gel

Double Chocolate Flourless Caramelia® Brownies Popcorn Ice Cream, Smoked Maldon® Salted Almonds, Miso Caramel

Pineapple Coconut Madeleine Cheesecake Black Currant Cremeux, Passion Fruit Curd, Mini Macaron

# Cocoa Nib Panna Cotta

Honey Vanilla Bean Marshmallow, Praline, Cookie Crumb, Manjari Chocolate Sauce



## ADDITIONAL INFORMATION

#### Menu Selections

To ensure your menu selections are available, please provide them to your Event Manager at least 21 days prior to your event.

#### **Custom Menus**

Our culinary team is pleased to work with you to customize a menu that meets your needs.

#### Allergies Dietary Restrictions

Your health is of the greatest concern to us. Please inform us prior to your event date of group members with any allergies or special dietary requirements. We will provide alternative course(s) of Chef's choice at no additional charge with advance notice. Charges will apply to all dietary substitutions made on the day of the event.

# Food & Beverage Attendees

Your final guaranteed number of attendees must be provided no later than three business days prior to the function (by noon). Should you not provide final numbers, you will be billed for the contracted number of attendees or the actual attendees (whichever is greater). The hotel will do it's best to accommodate increased numbers after the guaranteed numbers are provided; however, we reserve the right to make substitutions when necessary. A \$25 surcharge will apply in addition to menu pricing to the additional meals requested on-site.

#### **Applicable Taxes**

Food & Non Alcoholic Beverages Alcoholic Beverage Audio Visual

#### Children

A 50% discount will be applied to buffet menu prices for children aged 5 to 10. There is no charge for buffet meals for children aged 4 & under. Special plated children's menus are available upon request.

# Food & Beverage Policy

All food & beverage served at functions held in the Inn must be provided, prepared & served by the Inn.

# Statutory Holidays

A surcharge will be applied to events held on Canadian statutory holidays.

15% Service Charge (taxable) & 5% GST 15% Service Charge (taxable) & 5% GST & 10% Liquor Tax 5% GST & 7% PST