


International
 ★ SPORTS BAR ★

PRE GAME FEAST

GARLIC BREAD (V)	\$6.5	\$6.0*	CRISPY CHICKEN TENDERS & CHIPS		
CHEESY GARLIC BREAD (V)	\$7.0	\$6.5*	W/ SWEET CHILLI SAUCE	5 TENDERS	\$16.0 \$15.0*
				8 TENDERS	\$22.0 \$21.0*
FRIED CHICKEN WINGS & CHIPS	\$14.0	\$13.0*	SEASONED POTATO WEDGES (V)		\$6.5 \$5.5*
COATED IN YOUR CHOICE OF SAUCE: SMOKEY BBQ SAUCE (PLAIN) OR BUFFALO SAUCE (SPICY)			W/ SWEET CHILLI AND SOUR CREAM		
PANKO CRUMBED CALAMARI RINGS	\$16.0	\$15.0*	ONION RINGS (V)		\$7.0 \$6.0*
W/ CHIPS AND TARTARE SAUCE			W/ SWEET CHILLI AND SOUR CREAM		
CHIPS 'N GRAVY (V)	\$6.5	\$5.5*	VEGETARIAN SPRING ROLLS		\$13.0 \$12.0*
			W/ ICEBERG LETTUCE, GARLIC CHILLI DIPPING SAUCE AND FRESH MINT LEAVES.		

TEAM PLATES

SHARE BOARD 1 - MEAT, MEAT AND MEAT..				\$39.0	\$38.0*
STICKY RIBS, DRIPPING WITH SMOKEY BBQ SAUCE, 6 BUFFALO WINGS, COATED IN SPICY BUFFALO SAUCE, TENDER BEEF SHORT RIBS, A SERVING OF OUR FRESH GARDEN SALAD, SERVED WITH BEER BATTERED ONION RINGS AND CHIPS					
SHARE BOARD 2 - SEAFOOD GALORE..				\$39.0	\$38.0*
4 CRUMBED PRAWNS, 6 PANKO CRUMBED CALAMARI, 2 FRIED FISH FILLETS, 4 CRUMBED SCALLOPS, 2 PRAWN TWISTERS, SERVED WITH CHIPS AND TARTARE SAUCE					
ANTIPASTO PLATE				\$22.0	\$21.0*
PROSCIUTTO, GRILLED CHORIZO, WARM OLIVES, SAGANAKI CHEESE, STUFFED BELL PEPPERS MILD SALAMI AND GRILLED TURKISH BREAD DRIZZLED WITH BALSAMIC GLAZE.					
DIP PLATTER				\$15.0	\$14.0*
CHEF'S SELECTION OF THREE DIPS, OLIVES WITH GRILLED TURKISH BREAD					

HEALTH KICK

ISB CAESAR SALAD	\$18.0	\$17.0*	LEMON PEPPER CALAMARI SALAD	\$21.0	\$20.0*
SMOKEY BACON, GARLIC CROUTONS, POACHED EGG, COS LETTUCE, PARMESAN CHEESE, ANCHOVIES WITH OUR HOUSE CAESAR DRESSING ADD: CHICKEN \$5.5, SALMON \$6.5, PRAWNS \$7.0.			CALAMARI DUSTED IN A LEMON PEPPER SPICE SERVED WITH ROQUETTE, ONION, CHERRY TOMATOES AND A SIDE OF GARLIC AIOLI		
ROAST VEGETABLE AND QUINOA SALAD (V) (GF)	\$23.0	\$22.0*	CRISPY CHICKEN TENDER SALAD	\$23.0	\$22.0*
ROAST PUMPKIN, CARROT, POTATO, MIXED QUINOA, CORN KERNELS AND ROQUETTE LEAVES TOSSED WITH A LEMON DRESSING FINISHED WITH GOATS CHEESE AND TOASTED PINE NUTS			SERVED WARM WITH COZ LETTUCE, TOASTED PEANUTS, CUCUMBER, CAPSICUM, TOMATO, RED ONION, FRESH CORIANDER AND MINT, TOSSED IN A ASIAN STYLE SPICED DRESSING		

MEDIUM WOOD FIRED PIZZA

NOT AVAILABLE BETWEEN 2:30 AND 5:30PM - GLUTEN FREE BASES EXTRA \$2.0

CAPRICCIOSA	NAPOLI, MOZZARELLA, HAM, MUSHROOMS AND OLIVES	\$15.5	\$14.5*
HAWAIIAN	NAPOLI, MOZZARELLA, HAM AND PINEAPPLE	\$15.5	\$14.5*
MEXICANA	NAPOLI, MOZZARELLA, SALAMI, CAPSICUM AND CHILLI	\$16.0	\$15.0*
VEGETARIAN (V)	NAPOLI, MOZZARELLA, ROASTED CAPSICUM, ROASTED PUMPKIN, GRILLED EGGPLANT, SEMIDRIED TOMATOES, MUSHROOMS AND ROQUETTE LEAVES	\$15.5	\$14.5*
MEAT LOVERS	NAPOLI, MOZZARELLA, HAM, BACON, SALAMI AND TANGY BBQ SAUCE	\$18.5	\$17.5*
CHORIZO AND PRAWN	NAPOLI, MOZZARELLA, CAPSICUM, CHORIZO, PRAWN, SUNDRIED TOMATO AND CHILLI	\$19.5	\$18.5*


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BETWEEN THE BUNS

TLH SIRLOIN STEAK SANDWICH \$19.0 \$18.0*
 GRILLED MINUTE SIRLOIN STEAK, CARAMELISED ONION, CHEDDAR CHEESE, LETTUCE, TOMATO AND SMOKEY BBQ SAUCE ON A TOASTED FOCACCIA BREAD SERVED WITH CHIPS
 ADD: BACON \$2.5, EGG \$2.0 EXTRA STEAK \$6.0

GRILLED CHICKEN WRAP \$17.0 \$16.0*
 GRILLED CHICKEN BREAST, LETTUCE, TOMATO, ONION AND MAYONNAISE IN TORTILLA BREAD SERVED WITH CHIPS
 ADD: BACON \$2.5

CRISPY FRIED CHICKEN BURGER \$18.0 \$17.0*
 CRISPY FRIED CHICKEN TENDERS, LETTUCE, TOMATO, BACON, CHEDDAR CHEESE AND SRIRACHA MAYO ON A BRIOCHE BUN WITH CHIPS

TLH WAGYU BEEF BURGER \$19.0 \$18.0*
 GRILLED HOUSE MADE WAGYU BEEF PATTIE, CHEDDAR CHEESE, TOMATO, TOMATO RELISH, LETTUCE AND ONION IN A BRIOCHE BUN, SERVED WITH CHIPS
 ADD: BACON \$2.5, EXTRA PATTIE \$6.0

THE CLASSICS

CHICKEN SCHNITZEL \$21.0 \$20.0*
 SERVED WITH CHIPS AND SALAD WITH YOUR CHOICE OF SAUCE

CHICKEN PARMIGIANA \$22.0 \$21.0*
 SERVED WITH CHIPS AND SALAD

VEAL SCHNITZEL \$23.0 \$22.0*
 SERVED WITH CHIPS AND SALAD WITH YOUR CHOICE OF SAUCE

BARRAMUNDI (BEER BATTERED OR GRILLED) \$25.0 \$24.0*
 SERVED WITH CHIPS AND SALAD AND TARTARE SAUCE

STICKY RIB FINGERS & CHIPS \$32.0 \$31.0*
 COATED IN SMOKEY BBQ SAUCE

OPEN LAMB SOUVLAKI \$24.0 \$23.0*
 9 HOUR SLOW COOKED SUMAC SPICED PULLED LAMB SHOULDER, CHIPS AND FRESH SALAD SERVED IN CRISP FLAT BREAD WITH CRUMBED FETTA, TZATZIKI AND LEMON DRESSING

LINGUINI CARBONARA \$18.5 \$17.5*
 CREAMY BACON AND EGG SAUCE, TOPPED WITH SHAVED PARMESAN CHEESE

GNOCCHI BOLOGNESE \$19.0 \$18.0*
 RICH TOMATO NAPOLI SAUCE MADE WITH BEEF MINCE, TOPPED WITH SHAVED PARMESAN CHEESE

SPAGHETTI MARINARA \$28.0 \$27.0*
 FRESH SEAFOOD AND DICED TOMATOES IN A GARLIC AND WHITE WINE SAUCE (CHILLI OPTIONAL)

FROM THE GRILL

ALL STEAKS ARE FROM GREAT SOUTHERN GRASS LANDS OF AUSTRALIA AND GRADED UNDER MEAT STANDARD AUSTRALIA (MSA)
 SERVED WITH CHIPS AND SALAD AND YOUR CHOICE OF SAUCE
 PEPPER, MUSHROOM, PLAIN GRAVY, RED WINE JUS OR GARLIC BUTTER (REEF AND BEEF SAUCE ADD 5.0)

PORTERHOUSE 300G (GF)	\$33.0 \$32.0*
SCOTCH FILLET 300G (GF)	\$34.0 \$33.0*
RIB EYE 400G (GF)	\$36.0 \$35.0*
EYE FILLET 250G (GF)	\$37.0 \$36.0*

HOW IT'S DONE

RARE VERY RED, COOL CENTRE	MEDIUM RARE RED, WARM CENTRE	MEDIUM PINK CENTRE	MEDIUM WELL SLIGHTLY PINK CENTRE	WELL DONE FLAME-GRILLED THROUGH
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(GF) GLUTEN FREE, (V) VEGETARIAN.

MEMBERS PRICE*