# SCOTTSDALE AMELBACK RESORT

## September 15 - September 21





# Interested in a tour? Spend the night in Flagstaff or Sedona?

Contact Andrew in the Leisure Services Office for details or dial extension 505

- Grand Canyon
  - Sedona
- Hot Air Balloon Ride
- Horseback Riding
- Zipline over wild animals



**Tips to Keep Your Villa Cool** 

- Close draperies when leaving for the day
- When you are in the villa, use the ceiling fan to circulate air
- The stand fan is a GREAT way to circulate air from one room to another
- The thermostat has been programmed to a low setting of 72 degrees. A temperature setting below 72 degrees will result in equipment failure

"Autumn Bliss"
50-minute tranquil massage
enhanced with a blend of
essential oils
\$85
(\$125 value)

~or~

"Autumn Renewal"
50-minute vanilla & clove
nourishing antioxidant facial
\$85
(\$125 value)

reserve your spa escape please dial extension 510

\*specials cannot be combined with poker chips or any other promotions or discounts





Join us for a Double feature...



Thursday, September 20th The Sonoran Theater

Can you handle the truth?

BRIDGE OF SPIES @ 3:30pm DEEPWATER HORIZON @ 7:00pm

During the "intermission" take a break and enjoy dinner & a drink at The Grille

Admittance is **FREE** with your Entertainment Card or \$6 per person. Please see Guest Services for tickets

# ACTIVITIES & MOVIES

Time:	Event:	Price:	Location:				
	Saturday, September 15, 2018	Plan For Poolside Happy Hour					
1:00PM	Movie: "Dunkirk", PG13	\$3.00	Theater				
7:00PM	Movie: "Fences", PG13	\$3.00	Theater				
	Sunday, September 16, 2018	Play BINGO!					
11:30AM	Water Volleyball	Free	In The Pool				
1:00PM	Movie: "Book Club", PG13	\$3.00	Theater				
3:00PM	Family B.I.N.G.O.	Free	Grille				
7:00PM	Movie: "Tomb Raider", PG13	\$3.00 Theater					
	Monday, September 17, 2018	Burger Monday @ The Grille					
1:00PM	Movie: "I, Tonya", R	\$3.00	Theater				
7:00PM	Movie: "A Quiet Place", PG13	\$3.00	Theater				
	Tuesday, September 18, 2018	Taco Tuesday @ The Grille					
11:00AM	Mini Golf Tournament	Free	Meet In Lobby				
2:00PM	Paint A Sun Catcher	\$5.00	Gallery				
7:00PM	Movie: "Molly's Game", R	\$3.00	Theater				
	Wednesday, September 19, 2018	Wellness Wednesday					
12:00PM	Chakra Meditation	Free	Meet In Lobby				
1:00PM	Movie: "How To Train Your Dragon", PG	\$3.00	Theater				
3:00PM			In The Pool				
4:00PM	Pool Games	Free	Free In The Pool				
7:00PM	Movie: "Bad Moms", R	\$3.00 Theater					
	Thursday, September 20, 2018	Book Your Spa Escape					
8:00AM	Introduction To The Sonoran Desert (walking activity)	Free	Meet In Lobby				
2:00PM	Enjoy A Complimentary Snow Cone	Free	Poolside				
2:30PM	Family B.I.N.G.O.	Free	Grille				
Double Feature Thursday							
3:30PM	Movie: "Bridge Of Spies", PG13		Theater				
7:00PM	Movie: "Deepwater Horizon", PG13	\$6.00 <b>*</b>	Theater				
	Friday, September 21, 2018	Fish Fry Friday @ The Grille					
1:00PM	Movie: "Rain Man", R	\$3.00	Theater				
3:00PM	Blackjack Tournament	Free	Grille				
7:00PM	Movie: "Jason Bourne",PG13	\$3.00	Theater				
*ADMITTANCE IS FREE WITH YOUR ENTERTAINMENT CARD OR \$6 PER PERSON							

# FITNESS CLASSES

Time:	Event:	Price:	Location:				
Saturday, September 15, 2018							
8:00AM	Tai Chi	Free	Labyrinth				
	Sunday, September 16, 2018						
10:30AM	Water Exercise	Free	In The Pool				
Monday, September 17, 2018							
10:30AM	Water Exercise	Free	In The Pool				
Tuesday, September 18, 2018							
8:00AM	Tennis Clinic	\$30.00	Tennis Court				
10:30AM	Water Exercise	Free	In The Pool				
Wednesday, September 19, 2018							
7:30AM	Mindful Yoga	Free	Fitness Studio				
10:30AM	Water Exercise	Free	In The Pool				
Thursday, September 20, 2018							
10:30AM	Water Exercise	Free	In The Pool				
Friday, September 21, 2018							
10:30AM	Yoga In The Pool	\$5.00	In The Pool				
ROA	ADRUNNE	R BRI	EAKFAST				
<b>\$6</b> .	.99 PER PE	rson/	PER DAY				
PURC	O. CHASE THE	R 7-DAY	CARD FOR				
7	\$35 & SA		All the same of th				

PERSON

- Yoga IN THE POOL traditional yoga poses allow our connection with self to unfold.
  - <u>AI CHI MOVEMENTS</u> Flowing movement that combines stretching and breath work to integrate physical, mental and spiritual energy.
  - <u>Water Exercise</u>—Water class to improve balance, increase strength & core stability.
  - TAI CHI EASY—A gentle Tai Chi & Qigong practice through movement, breathing & focused awareness. Ending your journey with mindful meditation.
- TENNIS CLINIC Focus on your tennis fundamentals balanced. \$30 per person. Appointment necessary 24-hour notice required. Private lessons available upon request.
- <u>CHAKRA/MEDITATION</u>—Visualization, meditation & breathing exercises.
  - MINDFUL YOGA Mindful breath & movement allows our connection with self to unfold.
- <u>Core & More</u> In this class you will combine core exercise, with weight and bands and/or body weight.

#### ~<u>All Fitness Classes:</u>~

- **♦ SCR Owners: Complimentary**
- ♦ Entertainment Card Holders: Complimentary
- ♦ All others \$5.00 charge per Person / per class



### **Entertainment Card**

- 10% Discount at The Running Water Spa\* exclusions apply
  - Complimentary DVD Rentals
- Complimentary Movie Tickets @ The Sonoran Theater
  - · Access to all Sporting Equipment
    - Access to all Fitness Classes
  - Complimentary Printed Boarding Passes

\*Discount cannot be combined with any other offers or promotions Card must be present for all services & discounts





#### **Area Events**

September 14, 15, 16 @ 9am-4pm

WestWorld in Scottsdale showcases More than 150 vintage, antique and handmade vendors that have been creatively curated by Junk in the Trunk Vintage Market. Junk in the Trunk Vintage Market will also feature live music, delicious food, & drinks.

Urban Ale Trail @ Downtown Phoenix

Junk in the

Trunk Vintage

Market @

WestWorld

Scottsdale

September 15 (a) 1pm-6pm

This walkable beer tasting tour features more than two dozen bars and restaurants in the Downtown Core and Roosevelt Row.

Participating locations offer three 4-oz samples of beer paired with a delicious and complimentary bar snack (while supplies last).

Scottsdale ArtWalk @ Old Town Scottsdale September 20 @ 7pm

An easy-going open house for the Scottsdale Arts located in Downtown Scottsdale. Proceed at your own pace, wander into galleries that capture your fancy, stroll around a delightful area punctuated by dramatic statues, bubbling fountains & more.

### Western Property Advisors, LLC

**Featured Villas** 



Incredible prices on available villas or assistance with the sale of your villa! Contact: Aaron A. Muth, P.C. Phone: 602-320-2811

Villa #:	Unit Type:	Week:	Dates:	Price:
A - 25	2 Bedroom	34	25-Aug / 1-Sep	\$1,100
A - 13	2 Bedroom	36	8-Sep / 15-Sep	\$700
B - 40	Studio	34	26-Aug / 2-Sep	\$1,200
B - 42	Studio	36	9-Sep / 16-Sep	\$700
B - 03	Studio	37	16-Sep / 23-Sep	\$700
B - 37	Studio	38	23-Sep / 30-Sep	\$1,000
C - 22	3 Bedrooom	34	24-Aug / 31-Aug	\$1,000
D - 08	2 Bedroom	37	14-Sep / 21-Sep	\$1,800