## **DISHES AND THEIR ALLERGEN CONTENT**

(Note – Please state the name of the cereal(s) containing gluten\*\* in that column AND/OR the name of the nut(s)\* in that column)

DISHES						Lupin	Milk		MUSTARD					WINE
	Celery Garlic Fennel	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Starters														
Homemade Soup		X					X							
Prawn Cocktail		X	X	X			X		X					
Salmon Fillet					X									
Chicken Liver Parfait		X		X			X						X	
Trio of Melon and Sorbet							X							
														X

						Lupin	Milk		MUSTARD			SSAM		WINE
Main course	Celery Garlic Fennel	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Red Onion, Mushrooms and Tomato Risotto							X							
Chicken Supreme							X							X
Rump/Sirloin Steak		X		X			X							X
Fish and Chips		X		X	X				X					
Burger		X		X										X
						Lupin	Milk		MUSTARD			SSAM		WINE
Desserts	Celery Garlic Fennel	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Lemon Posset		X					X							
Cheesecake		Х		X			X			X				

Vanilla Cream and Blueberry Tart		X		X			X			X				
Cheese Plate	X	X			X		X							
Ice cream							X						Х	
						upin Flour	Milk		MUSTARD			SSSAME		WINE
<u>Light Bites Menu</u>	Celery Garlic Fennel	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Homemade Sandwiches		Х	X	X	X		X		X				X	
Jacket Potato			X	X	X		X		X				X	
Waldorf Salad	X			X			X		X	X				
Caesar Salad		X		X	X		X		X					
Red Onions and Mushroom Risotto							X							
Omelette				X	X		X							

<u>Christmas</u>	Celery Garlic Fennel	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
<u>Menu</u>														
<u>Starters</u>														
Roast Root Vegetables Soup		X												
Ham Hock		X		X					X					
<b>Goats Cheese Tartlet</b>		X		X			X							X
<u>Mains</u>	Celery Garlic Fennel	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
						Lupin	Milk		MUSTARD			SESAME		WINE
Roast Turkey		X												X
Salmon Fillet					X		X							X
Risotto							X							

Dessert	Celery Garlic Fennel	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Christmas Pudding														
Cheesecake		X		X			X			X				
Profiteroles		X		X			X			X			X	

Review date: 10/10 /2019 Reviewed by: HEAD CHEF

## PLEASE NOTE: FOR ALL FOWNES HOTEL STAFF

- THE RED HIGHLIGHT MAY BE AVOID IF CUSTOMERS WILL MAKE A REQUEST
- PLEASE ASK THE CUSTOMERS WHICH WILL HAVE FOOD IN OUR PREMISES ABOUT ANY INTOLERANCE, ALLERGY OR MEDICAL PROBLEMS REGARDING THEIR FOOD
- PLEASE IF YOU ARE NOT SURE ABOUT THE INFORMATIONS WHICH WILL PROVIDE, DOUBLE CHECK WITH YOUR MANAGERS OR CHEFS
- PLEASE INFORM THE KITCHEN STAFF IN THE RIGHT AMOUNT OF TIME ABOUT FOOD REQUIREMENTS!