



SPAPOLYNESIA TIPS

MINIMUM AGE REQUIREMENTS

Children under 17 years of age must be accompanied by a parent or guardian when using Spa Polynesia.

SPA POLYNESIA HOURS OF OPERATION

9.00am – 7.00pm, Monday – Sundays. Extended hours of operation are on request and dependant on appointments for the day.

RESERVATIONS

Appointments are essential for all treatments and made at the Tour Desk at Reception. We recommend that this be made before visiting Spa Polynesia.

CANCELLATION POLICY

Treatments you select are held in reserve for you. We ask that you provide at least 24 hours advance notice if you need to change or cancel your appointment. Failure to notify Spa Polynesia or 'not showing' to your appointment will incur a 100% cancellation fee.

PAYMENT

Payment is required to hold your appointment and made at the Tour Desk. We accept cash, Visa, Mastercard and AMEX. A 4% credit card fee applies to all credit card transactions. Guests staying at the Resort may charge to their room. All prices are in New Zealand Dollars.

ARRIVAL

We request that you arrive at least 30 minutes prior to your scheduled appointment to allow time for you to relax before your treatment. Arriving late will limit your treatment time, and as a courtesy to the next guests, your treatment will end on time regardless of when your service begins. Full rate will be charged.

VALUABLES

We request that you leave all valuables and jewellery in your room or at home. SpaPolynesia will not take responsibility for valuables lost or damaged.

ELECTRONIC DEVICES

To preserve an ambience of peace and tranquility and as a courtesy to other SpaPolynesia guests, we request that all electronic devices such as mobile phones, ipods etc are switched off prior to entering SpaPolynesia.

WHAT TO WEAR DURING A TREATMENT

Spa Polynesia does not require any dress code. It is recommended during a Body Treatment or Massage that it is best done without clothing although undergarments may be worn if preferred. For privacy, our therapists are trained in professional draping techniques for all treatments. Standards of draping are to ensure modesty and comfort for you and the therapist.

MEDICAL

We highly recommend that you inform us of any special or medical conditions when booking for an appointment. This will prepare our therapists in advance to provide the best possible spa treatment or therapy for you. If you are pregnant or have a certain medical condition, some treatments are not recommended. If you are unsure please feel free to ask. We are here to help.

GUEST COMFORT

During the treatment the therapist will address your needs based on your personal assessment. They will speak to you about the temperature, pressure, music, product and sequence of service they are providing. If you are uncomfortable during the service, please let the therapist know how you are feeling.

SPA POLYNESIA COMMENT CARD

We would love to hear from you about the service you received. A Spa Polynesia comment card is available at the Tour Desk.



RELAX • REFRESH • RENEW





The Legend of how the Moon regains her Brightness

It is said that somewhere in a serene and secret corner of Polynesia lie Te-Vai-ora-a-Tane, the Living Waters of Tane. This is the sacred spring of one of the chief gods of ancient Polynesia, Tane, the god of light and of fertility. In these divine waters the weary find renewed strength, the sick are healed. Even Marama herself, the moon, when wasted in waning, bathed and gained new brightness, entering the Living Waters as Ina-uri (Dark Moon) yet emerging as Ina-ka (Moon Glow). Here at SpaPolynesia we embrace this inspiring ancient legend and its message of renewal and rejuvenation as we work with your own inner wellspring to revive and refresh.

• Therapeutic Massage

'MAOROORO' Aromatherapy Massage
~ Allow 30 minutes

Great for easing muscle tension in the scalp, neck and back using a harmonious East-West combination of Japanese shiatsu, Swedish and neuromuscular massage techniques. Choice of two special blends of essential oils: 'Iriamoe' Relaxing Blend of Ylang-ylang (Moto'oi), Lime, Lavender & Jasmine; or 'Maoro' Muscular Deep Treatment Blend of Cedarwood, Peppermint Rosemary & lemon.....**\$65**

'MIRIMIRI' Aromatherapy Full Body Massage
~ Allow 1 hour

A sensational total-body experience of deep relaxation and wellbeing to release tension, promote suppleness and help re-harmonise body and soul. Choose from 'Iriamoe' Relaxing or 'Maoro' Muscular aromatic blends to achieve the greatest therapeutic benefit for you.....**\$120 / 1.5hr \$185**

'RIMARIMA' Four Hand Massage
~ Allow 45 minutes

The ultimate indulgence!!! Two therapists performing a synchronized massage in unison. The tandem calming massage soothes muscle pain and stress relaxing the mind, body and soul promoting healing and harmony.....**\$195**

• Body Treatments ...from the Land

'AKARI' Coconut Sugar Body Rub
~ Allow 45 minutes

Bursting with fresh tropical sugarcane crystals to gently buff the skin using natural alpha hydroxy. An invigorating body exfoliation leaving you feeling refreshed and renewed.....**\$95**

'TAMA' Coconut Crème Body Scrub
~ Allow 45 minutes

A highly nourishing, gentle formulation to restore balance and harmony to dry, sensitive skins. Ideal to soothe and calm sunburnt skin or skin which has been exposed to the elements. The perfect skin food leaving you in love with the skin you're in..... **\$95**

• Body Treatments...from the Sea

'MOANA' Aqua Marine Sea Salt Rub
~ Allow 45 minutes

A stunning combination of body peeling and intensive moisturising all-in-one. The fine Sea Salt granules gently exfoliate the skin, removing surface flakes. The rich Avocado, Macadamia & Almond oils feed the skin leaving it velvety smooth. The Juniper, Peppermint Rosemary & Lavender revitalise your body, spirit and soul. A truly superb whole-body experience for the skin and the senses.....**\$105**

'AKAORA' Sea Mineral Body Wrap
~ Allow 45 minutes

Use the power of the sea to feel revived and restored. Sea Minerals have been renowned throughout the ages for their remarkable healing properties. This special Sea Mineral Body Wrap creates a deep cleansing and firming effect to leave you feeling toned and refreshed.....**\$120**

'SPA POLYNESIA' Thalasso Algae Body Wrap
~ Allow 45 minutes

Sea Minerals and Seaweed are combined with Earth's finest Essential Plant and Flower Oils to achieve an exceptional Body Wrap which stimulates the skin's natural metabolism and detoxification processes, and helps to rebalance both body and mind. Here at SpaPolynesia we combine this with our superb Contouring Oil to achieve maximum skin elasticity and circulation. A sensational multi-active elixir for the whole body.....**\$140**



• Body Treatments...from the Sun

'RAVARAVA' Self Tan Application
~ Allow 45 minutes

Give your body a warm tropical glow with an instant suntan. Your choice of a 30 minute 'Akari' Coconut Sugar Body Rub or 'Tama' Coconut Crème Body Scrub to prepare the skin, followed by the even application of the Jojoba-based self tanning crème.....**\$120**

'ANUANU' After-Sun Cooling Wrap
~ Allow 45 minutes

After a day in the sun, rescue and help repair your skin with the nurturing dilo and aloe vera balm. This treatment will instantly calm, rehydrate and replenish irritated skin affected by sunburn, dry skin, insect bites, rashes or post-shaving irritations. While comfortably enveloped you'll receive a scalp massage to soothe your mind.....**\$95**

• Hand & Foot Indulgence

'RIMA' Deluxe Manicure
~ Allow 45 minutes

Get your hands looking their best. Includes your choice of Coconut Creme Scrub or Coconut Sugar Rub, followed by a soothing massage of the hand's pressure points using softly-fragrant pure and natural tropical lotions hand-made in the islands. French manicure or choice of colours.....**\$75**

MINI MANICURE
~ Allow 20 minutes

This is a quick tidy up of your hand including filing, shaping and an application of nail polish color of your choice.....**\$35**

'VAEVAE' Spa Pedicure
~ Allow 50 minutes

Ultimate treat for your feet. Enjoy a FootSpa infused with essential oils of Peppermint and Eucalyptus, then a vigorous buff with our Sea Salt Rub to remove dead skin cells. A Shiatsu Massage then gently works the pressure points of the feet and lower legs to relax muscles and relieve tension. Finished with your choice of nail polish colour.....**\$85**

ADD FRENCH TIP ~ 20 minutes.....\$25
ADD NAIL ART DESIGN ~ 20 minutes.....\$25

MINI PEDICURE
~ 30 minutes

This is an express service including nail clipping, filing and shaping and application of nail polish colour of your choice.....**\$45**

FOOT REFLEXOLOGY

Allow ~ 30 minutes

Ancient zone therapy that promotes general health, wellbeing and relaxation through gentle massage of natural pressure points of the feet.....**\$60**

ADD LOWER LEG MASSAGE ~ 10 minutes.....\$25

• Pampering Facials

Customised Skin Analysis - our professional consultants would be delighted to advise on which Pampering Facial best suits your individual skin profile.

'PATEKA' Deep Cleansing Facial
~ Allow 1 hour

A thorough Cleansing and Purifying Mask, leaving your skin feeling refreshed and moisturised. This vitamin-rich, anti-oxidant Mask is suitable for normal, oily and combination skins.....**\$130**

'PUOTU' Facial & Massage
~ Allow 45 minutes

Deeply relax with a soothing face massage and Sea Mineral Mud Pack for the Face whilst a deeply conditioning warm hair treatment is massaged through your Hair and Scalp. Face Pack treatment includes cleanse, mask and moisturise. An ideal complement to one of SpaPolynesia's invigorating Body Wraps.....**\$140**

'PA'I' Hydrating Facial Treatment
~ Allow 1 hour

A highly concentrated active-ingredient cocktail for the skin. An infusion of serums delivers outstanding moisturising and conditioning properties for even the thirstiest of skins, algae derivatives help to regulate moisture loss caused by the sun's rays, and biopeptides to activate new collagen formation, smoothing fine lines. Nourishing and restorative, leaving face and neck revitalised.....**\$140**



• Rejuvenation & Relaxation PACKAGES

'REKAREKA' Pamper Pack

~ Allow 2 hours Facial + Massage + Manicure

A one hour 'Pa'i' Hydrating Facial, half-hour 'Maorooro' Aromatherapy Massage and a 'Rima' SpaManicure will ensure you feel totally pampered. *'Simply fabulous'* **\$250**

'KARA' Tropical Body Treat

~ Allow 1 hour 30 minutes – Body Rub + Body Wrap

A half-hour 'Akari' Coconut Sugar Body Rub followed by a one-hour U-Rango Milk & Honey Body Wrap achieves a supreme combination of gentle exfoliation followed by deeply nourishing milk proteins. To die for.....**\$199**

'NAVENAVE' Indulgence Pack

~ Allow 3 hour – Body Scrub + Massage + Facial + Manicure or Pedicure

Cherish yourself with our exquisite package of total rejuvenation for body and soul. A half-hour 'Tama' Coconut Crème Body Scrub followed by a one-hour 'Mirimiri' Aromatherapy Full Body Massage, a one-hour 'Pateka' Deep Cleansing Facial and your choice of 'Rima' SpaManicure or 'Vaevae' SpaPedicure. *The ultimate indulgence*.....**\$399**

• Beauty Treatments

EYE BROW SHAPE.....	\$20
EYE BROW TINT.....	\$25
EYE LASH TINT.....	\$25
LIP/CHIN WAX.....	\$20
BIKINI WAX.....	\$35
HALF LEG WAX.....	\$50
FULL LEG WAX.....	\$75
UNDER ARM WAX.....	\$25
FOREARM WAX.....	\$40
BACK / CHEST WAX.....	\$50
EYE BROW THREADING.....	\$15
BRAZILIAN WAX.....	\$85

• Couple's Spa

PACKAGES FOR COUPLES IN LOVE

WATERFALL OF LOVE

~ Allow 1.5 hour

Ignite the romance again with a tropical flower soak for two, and then let your worries fade away with a full body massage side by side utilizing essential oils to refresh your skin. Finish off with a cooling waterfall experience under our Rarotongan rain shower.....**\$299 for two**

ROMANTIC GETAWAY

~ Allow 1.5 hour

Enjoy a revitalizing sauna together followed by a tropical rain shower. Then lay back side by side with a head, shoulders and back massage. Finish it all off with a glass of fine wine or fresh tropical juice whilst you both get either a manicure or pedicure. A true top to toe treat for you both, which will take you away from any worries and on your very own romantic getaway.....**\$299 for two**

LOVE LIFE

~ Allow 2 hours

Treat you and your partner to the ultimate luxury that will bring you closer together. Start by sharing a bath soak with a glass of bubbles each and a platter of fresh fruit. Followed by a side by side full body massage and a pedicure, so your whole body is relaxed and refreshed. *Pure romance*.....**\$499 for two**

'TAKAVE' His & Hers Pamper Package

~ Allow 1 hour 30 minutes – Body Scrub + Massage

Each receives a 'Tama' Coconut Creme Scrub followed by a one-hour 'Mirimiri' Aromatherapy Full Body Massage. *Embrace the moment*.....**\$199 per person**

'INANGARO' Couples Indulgence Package

~ Allow 2 hours Massage + Facial

Each receives a one-hour 'Mirimiri' Aromatherapy Full Body Massage followed by a Purotu' Facial & Massage of the Head & Scalp. Simply sensational for couples in love.....**\$240 per person**

• Wedding Spa Treatments

'RERERERE' Bridal Package

~ Allow 1 hour 15 minutes – Manicure or Pedicure + Massage

'Rima' SpaManicure or 'Vaevae' SpaPedicure and a 'Maorooro' Aromatherapy Massage for a radiant Bride (of course you don't have to be getting married to say 'I do' to this Package.....**\$139**

BRIDAL PARTY PACKAGE

~ Allow 1 hour

Have everybody in your bridal party looking their absolute best with a manicure and pedicure accompanied by a glass of bubbles.....**\$165**

Add 'MAOROORO' Aromatherapy Body Massage for all the girls to help them relieve that pre-wedding day stress ~Allow 30 minutes.....**\$65 per person**

BRIDESMAIDS

~ Allow 1 hour

Cucumber eye pad and mini facial allow you both to look fabulous and fresh on the big day. This is teamed up with a manicure accompanied by a glass of fresh tropical juice..... **\$149 per person**

Add PEDICURE

~Allow 30 minutes.....**\$85 per person**

GROOM TO BE

~ Allow 1 hour

Needs to unwind before the big day this treatment starts with a full neck and shoulder massage that gets rid of any aches and pains, leaving the groom to be relaxed and refreshed. This is then combined with a gentleman's mini facial to get the groom to be looking his best for the big day..... **\$129 per person**

Add MANICURE

~Allow 30 minutes.....**\$59 per person**

• Gentleman's Spa

FULL BODY MASSAGE

~ Allow 1 hour

An hour therapeutic massage that melts away muscle tension and relieves stress**\$120**

1/2 HOUR MASSAGE

~ Allow 30 minutes

A 30 minute soothing treatment for neck, and shoulder muscle stiffness. The ultimate remedy for aches and pains in the upper body.....**\$65**



GENTLEMEN'S FACIAL

~ Allow 45 minutes

Customized for gentleman's specific skin needs, a deep cleansing is followed by an exfoliation, and extraction. The treatment concludes with a cool, soothing mask to balance and hydrate your skin, and also help reduce sensitivity commonly associated with shaving.....**\$129**

BACK TREATMENT

~ Allow 45 minutes

Begins with a back coconut creme scrub; exfoliation will deeply cleanse the body and stimulate the circulation. Then a soothing massage will relax sore back muscles, before applying a Dead Sea Mineral Mud Mask that will leave skin velvety smooth and provide a deep sense of.....**\$95**

SEA SALT SCRUB

~ Allow 45 minutes

This energizing treatment designed for men blends the therapeutic benefits of salt minerals with eucalyptus essence to leave you relaxed and revitalized.....**\$109**

MANLY MANICURE

~ Allow 30 minutes

This manicure gives you a clean look to his hands, nails, and cuticles, shaping and filing of nails and followed by a soothing massage.....**\$55**

PEDICURE

~ Allow 40 minutes

A refreshing pedicure that consists of an aroma infused foot soak followed by nail shaping and cleaning of cuticles. Then an invigoration foot scrub is applied to reduce calluses and soften the hard skin. The nails are buffed and followed by soothing massage for calves and feet.....**\$65**

BACK/CHEST WAX.....\$50

EYEBROW WAXING..... \$25

FULL LEG WAX.....\$75

HALF LEG WAX.....\$50

BIKINI WAX.....\$35

MANKINI WAX.....\$35

UNDER ARM WAX.....\$25

ARM WAX.....\$40



• Hydrotherapy Spa

TROPICAL BATH SOAK

~ Allow 30 minutes

A truly Rarotongan inspired treatment. This treatment utilises the flowers of the island of Rarotonga to create a sweet tropical aroma and a relaxing bathing experience.....\$50

CLEOPATRA MILK BATH SOAK

~ Allow 30 minutes

A divine treat. Lie back as the milky bath surrounds you, rejuvenating your skin and leaving you relaxed & invigorated.....\$50

BUBBLE BATH

~ Allow 30 minutes

Sit back amongst the bubbles and feel the heat rejuvenate as the aromatherapy oils perfume the air.....\$50

• Sauna Treatments

SAUNA

~ Allow 30 minutes

Step into your own private Rarotongan sauna and leave with your circulation improved, your skin feeling nourished, and your body feeling relaxed. A perfect experience to share and is finished off with a rain shower and a fresh fruit juice.....\$60

SAUNA AND FLOWER BATH

~ Allow 1 hour

A fabulous combination of an invigorating sauna and a gentle tropical flower bath followed by a half hour aromatherapy massage to truly relax your body and mind\$179 per person / \$342 for two

• Teens & Kids Spa & Packages

Mix and match your favorite spa services to create a delightful spa experience

MASSAGE DELIGHT

~ Allow 45 minutes

This massage is a great introduction to massage for any young person\$55

FLOWER BATH

~ Allow 30 minutes

You are immersed in a warm, aromatic bath to help rejuvenate and revitalize your body. Aromatherapy baths provides you with several benefits, such as relief from muscle pains. This treatment is designed for those looking for a deep relaxing & pampering experience.....\$35

BUBBLE BATH

~ Allow 30 minutes

A warm bath tub filled with bubbles allowing you to deeply relax as your skin nourished.....\$30

MINI FACIAL

~ Allow 30 minutes

An equalizing facial that will provide your child's skin extra protection against impurities\$35

FACIAL & CUCUMBER EYE PADS

~ Allow 30 minutes

Fabulous and Fresh! A face massage, cucumber eye lift, cleanser and moisturizer – Perfect for little princess.....\$45

INDIVIDUAL PACKAGES

~ Allow 30 minutes for each

MINI MANICURE.....\$35

MINI PEDICURE.....\$45

MINI FACIAL.....\$45

TOUCH UP MAKE UP.....\$35

NAIL ART DESIGN.....\$35

FRIENDS PACK

~ Allow 1 hour

Be pampered in paradise together with a mini facial and cucumber eye pad side by side. Then sit back and relax with a glass of fresh tropical juice as you get a manicure OR pedicure treatment – perfect for sisters or friend.....\$99 per person

MUM AND ME

~ Allow 1.5 hours

Be pampered in paradise together with a mini facial and cucumber eye pad side by side. Then sit back and relax with a glass of fresh tropical juice as you get a relaxing head massage and a tropical hair treatment. Perfect for mum and her little one\$199 for both

Add MINI MANICURE\$35 per person

Add NAIL ART DESIGN.....\$35 per person

• Nail Art Designs

MANICURE

~ Allow 30 minutes

Our manicure start with cuticle trimming, nail shaping, and a massage of the hands. The finishing touch is a polish color of your choice. You can request for a special design from our Beauty Therapist can do fantastic manicures in minutes. Add some flare to your finger nails with hand painted flowers or hearts.....\$35

PEDICURE

~ Allow 30 minutes

Soothing to pamper the sole with the foot massage, nail filing, and topped with the color of your choice. Make your toe nails look great with hand painted flowers or hearts.....\$40

EXPRESS POLISH (Adults & Children)

~ Allow 20 minutes

Time is the problem? Book for an express and we will make your polish look new again.....\$25

NAIL ART DESIGN.....\$35

• Hair

FULL HEAD BRAID

CHILDREN (5 -12 years)\$99

ADULT'S ~Allow 2-3 hours

Dependant on length of hair\$149

HALF HEAD BRAID

HALF HEAD BRAID (per braid).....\$5

CORNROW BRAIDS

CORN ROWS (per row).....\$15

HAIR TREATMENT (Men & Women)

~Allow 30 minutes

Conditioner with a Scalp Massage – using natural coconut milk from fresh grated coconut.....\$55

FRENCH PLAIT

Dependant on length of hair.....from \$79

