### Discover the Perfect Venue

### **2019 GUIDE TO INDONESIAN RETREAT VENUES**

For Your Next Retreat





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Discover leading retreats, stunning venues and welcoming hosts AROUND THE WORLD



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#### INDONESIA







Discover leading retreats, stunning venues and welcoming hosts around the world







### Naya Ubud



Naya is a home away from home, for everyone and anyone to come to express & experience exactly what the heart is calling for. Built from the ground up with every room uniquely decorated in the middle of the ricefields, backing onto a jungle & river, we are proud to share our space with everyone that comes through.



O www.instagram.com/nayaubud



#### **VENUES & RETREATS**



#### **VENUES**











### **The Palm Tree House**







The Palm Tree House celebrates the healthy lifestyle of yoga, surf and laid back island living that Bali is known and loved for. Spend a week relaxing in a gorgeous boutique villa retreat, cared for by a

professional and friendly team of Indonesian staff. Shine and glow with daily yoga, blissful massage, breathtaking adventures around Bali, delicious healthy meals, cultural activities and everything you



www.thepalmtreehouse.com

### **FEATURES**

- Stunning Outdoor Gardens Massage Room
- Outdoor Lounge Areas
- Gorgeous Inviting Pool
- Yoga Space

need for the perfect rejuvenating escape. The Palm Tree House experience is about giving you the ultimate freedom and flexibility to retreat your way.



#### VENUES

- Media Rooms
- Books
- Bicycles

#### **VENUES**











### **Chalina Estate**









KUTA

Chalina Estate is a magnificent property overlooking the picturesque rice fields of Canggu and situated just minutes from the famed surf breaks at Echo Beach on Bali's south-west coast. Resting upon 5,300 square metres of beautifully landscaped gardens and lawns bordering the Pangi river, with a divine 35-metre swimming pool as its centrepiece, the villa invites guests to enter a world of total peace and privacy.



kimayabali8@gmail.com

#### **FEATURES**

- Pool
- Staff .

- Air Conditioned Lounge Bar •

This luxurious home delightfully pairs the old with the new - classic Balinese architecture with alang-alang thatched roofs, sandstone walls, polished stone and dark wood floors provide the perfect backdrop to showcase the owner's striking modern artwork. Funky sculptures mingle with handpicked Indonesian artefacts to create an interesting dimension of shapes and textures that represent the blending of different cultures.



#### VENUES

 Entertainment Room Outdoor Dining

#### **VENUES**











### **Revivo Wellness Resort,** Nusa Dua Bali





REVĪVŌ Wellness Resorts are sustainable wellness hotels offering comprehensive personalised retreats to teach self-awareness, mind training and eventually help their guests reach mind transformation. Each property offers a range of wellness programs inspired by local ancient healing traditions, designed to maintain or improve specific emotional, physical and mental health conditions.



- Large Garden
- Swimming Pool
- Jacuzzi
- Sauna and Steam Room

REVĪVŌ Wellness Retreats aspire to be a transformational experience by being holistic, real, tailor-made and results-driven.



#### VENUES

- Yoga Room
- Meditation Room
- Gym
- Pilates Room

### **Bagus Jati Health & Wellbeing Retreat**

**O** 

 $\int$  **68 PEOPLE** 



**KUTA** 



### (°) BALI, INDONESIA

A complete health and wellbeing centre, organic gardens and gourmet restaurant, offer the guest the true spirit and grace of Asian inspired traditional healing. Bagus Jati was created with a vision to bring health and vitality into your life. We offer a global palate of world class health and wellbeing programs, covering: Nutrition, Detox, Yoga, Meditation, Stress Relief, Anti-aging Programs, Nature Trekking and Healthy Cooking Workshops.

# **Dragonfly Village**

**KUTA** 



### BALI, INDONESIA

Dragonfly Village, an enchanted retreat paradise, is set in the midst of one of the most beautiful rice field walks in the center of Ubud, Bali. Tranquility and stunning greenery all around... panorama with sacred Mt Agung and the northern ranges of mountain in a distance... open space filled with dragonflies in the day and fireflies in the night... symphony of crickets and frogs... for those who enjoy being in nature, healing and learning. Only footsteps away from center Ubud, but tucked away from its hassles and bustles, we offer the best of both worlds.



instagram.com/bagusjatiretreat/

www.bagusjati.com

**O** instagram.com/dragonflyvillage/

www.dragonfly-village.com

### **Bagus Agro Pelaga**



and harmony with nature - an ancient Balinese philosophy the family of the Bagus Discovery Group firmly holds onto.

# Puri Bagus Lovina



KUTA

### BALI, INDONESIA

Set on the quiet shores of Bali's northern coast, Puri Bagus Lovina is a mixture of traditional Balinese design with all the modern amenities you expect from a 4-star resort. Our 40 spacious rooms and two 2-Villa suites with private pool provide quality, comfort and luxury ideal for families, honeymooners or leisure travelers. Enjoy the free form infinity pool and open-air restaurant with spectacular views of the sea and the tropical gardens, while the Jaya Spa is an oasis for those who seek relaxation and rejuvenation.

#### **VENUES & RETREATS**





www.bagusagropelaga.com

 $\mathbf{O}$ instagram.com/bagusagropelaga/







### Puri Bagus Candidasa





Κυτα





(o) BALI, INDONESIA

Beach Dive Resort and Yoga Meditation Retreat. Simple yet unforgettable is the Deluxe Beachfront Resort of Puri Bagus Candidasa. Long lasting memories as the evening sun is consumed by the Indian Ocean, fisherman out at sea, and you are relaxing in our open-air beach bar enjoying the warm tropical breeze and a cool drink as another day passes away.



www.puribaguscandidasa.com

(O) instagram.com/explore/locations/308397937/puri-bagus-candidasa

### **Bondalem Beach Club**



KUTA



### (O) BALI, INDONESIA

Bondalem Beach Club - one of the best hotels in north Bali, located on the shores of Bali Sea, surrounded by plantations of coconuts, mango, papaya. This area is well-known for its natural beauty, black sand beaches, colorful coral reefs, the best Bali waterfalls, picturesque sceneries. Enjoy scuba diving, snorkeling, fishing, boat trips to see the dolphins. Immerse yourself in the relaxing atmosphere of the "real" Bali, away from the noisy tourist centers. Travel to Bali's attractions and participate in traditional Balinese ceremonies.



O instagram.com/bondalembeachclub/ https://bondalembeachclub.com/

### Adiwana Resort Jembawan

 $\int$  **37 PEOPLE KUTA** o)BALI. 

Adiwana Jembawan is a boutique wellness retreat in the heart of Ubud that focuses on body, mind and spirit rejuvenation. With its team of onsite experts, including an Ayurvedic doctor and yoga instructor, the resort offers lifestyle programs that are tailored to address any specific health concerns you may have. This 42 room property is a healing sanctuary for personal renewal with affordable solutions to many of the issues caused by trying to exist in today's fast paced world.

# **Blue Karma Nestling Escape Ubud**



### O UBUD, BALI

High in the hillside; some might say, between heaven and earth; embraced by rice fields and rainforest climbs, our ethic and ethnic chic luxury, Ubud Nestling Escape awaits guests with a penchant for peace and relaxation. Stay with us and discover the secrets of this intoxicating town. Ubud, the beating heart of Bali, is the place to experience life in Bali's countryside, where every being is interconnected.

#### **VENUES & RETREATS**





https://www.adiwanajembawan.com/ **O** instagram.com/adiwanahotels/





**O** instagram.com/bluekarmasecrets/

https://bluekarmanestling-ubud.com/

### The Chillhouse - Bali Yoga, Surf and Lifestyle Retreat



**KUTA** 





The Chillhouse in Canggu is a tropical lifestyle retreat that offers stylish accommodation and delicious organic meals, along with yoga sessions, surfing, body and soul treatments, and a wide range of cultural and healing activities. Our guests are usually between 25-40 years old but we are happy to have any age. We get many solo travelers looking for a place to indulge in a fulfilling holiday or even long term stay with like-minded people to hook up with and have a good time.

# **Amori Villas**

 $\int$  21 PEOPLE



CENTER

DENPASAR



Amori Villas is a small, luxury hotel with a wellness focus. Retreat leaders enjoy exclusive use of all facilities and staff for their most special yoga and wellness retreats. Want real Bali? Choose Ubud and Amori Villas. Enjoy homely, personal service from butlers, chefs and spa therapists. Immerse yourself in Amori's peaceful natural setting, the sounds of the river and the infinity pool, with Amori's serene, smiling staff.



**O** instagram.com/thechillhouse https://www.thechillhouse.com/



**O** instagram.com/amorivillas/

https://www.amorivilla.com

### Sukhavati, Ayurvedic Retreat & Spa



Sukhavati Ayurvedic Retreat & Spa is known for offering life-changing treatments that are based on the ancient healing techniques of Ayurveda. Our well-qualified and vastlyexperienced healers, motivators, natural therapists and Yoga and meditation teachers help eliminate the stress, disturbances and deterrents in your life, career and relationships, helping to bring about a transformation of your mind and body.

www.sukhavatibali.com

# **Hotel Villa Ubud**







### () BALI, INDONESIA

Peaceful and relaxing boutique Hotel, situated in Pejeng, a small village just 10 min drive from central Ubud. HVU enjoys a quiet and serene situation in the middle of rice paddies. The Hotel is run by a Swiss couple since 3 years, it uses the typically Balinese hospitality of 18 employees. Swiss precision and Balinese hospitality are a guarantee of Hotel Villa Ubud.



#### **VENUES & RETREATS**



O https://www.instagram.com/sukhavati\_bali/





### **Gaia Retreat Center**





### (o) BALI, INDONESIA

Gaia Retreat Center is nestled in the heart of Ubud's beautiful terraced rice fields. The view from the villa is quintessential Bali. Think swaying palm trees, endless breeze and landscaped rice terraces. The grand entrance of Villa Gaia opens up to marble and teak wood with 8 bedrooms, massage room, far infrared sauna, soft hot tub jacuzzi, semi open air yoga shala, dining area with a magnificent vista of our private swimming pool and pindrop silence of the jungle. Villa Gaia has been running Detox retreats, Transcendental meditation retreats and hosting a multi diverse range of wellness retreats for over 9 years, with full support of highly skilled chefs, drivers, and housekeeping staff.

# Lily Lane Villas



DENPASAR

#### **BALI, INDONESIA**

Luxury villas with space and privacy in a lush tropical mountain retreat with personalised service that tailors every detail to your individual needs to guarantee a stay that is distinctly yours.





**O**<sup>'</sup> instagram.com/gaiaretreatcenterinbali www.gaiaretreatcenter.com



### Floating Leaf Eco-Luxury Retreat



Recognized as one of the best yoga, spa and wellness retreats in the world by publishers such as Harpers Bazaar Weekly and Conde Nast Traveller, we invite you to experience authentic Balinese culture and mindfulness at Floating Leaf.

www.balifloatingleaf.com **Atas Awan Retreat** 



BALI, INDONESIA

We are the unique place in Bali and all planet. Our place surrounded by volcanic mountains, the magnetic energy of the ancient valley makes it one of the top 10 spots in the World! So we are the really special place to come away to find tranquility far away from civilization, to find your inner-peace and develop your Yoga and meditation practice, where the air is clean and fresh, away from the noise and light pollution of the tourist areas of Bali.

#### **VENUES & RETREATS**







O instagram.com/atasawanretreat/

facebook.com/atasawanretreat/

### Jeda Yoga Retreats Center





)	BALI,	INDONESIA

Jeda Yoga Retreats Center offers exclusive use of the yoga studio and entire premises to facilitators worldwide - first and only private studio in Bali equipped for hot yoga! The property has gorgeous sea, mountain and volcano views and borders the West Bali National park. The villas are gracious, spacious & open, surrounded by lush tropical gardens. Our in-house vegan chef prepares delicious healthy food only using wholesome, fresh, local ingredients.



O instagram.com/jedayogaretreats/ http://www.jedayogaretreats.com/

## Puri Oka Beach Bungalows



DENPASAR

#### (°) BALI, INDONESIA

Puri Oka is a located in Candidasa, where locals refer as the 'Real Bali'. Our resort is situated directly on the beach in a small fishing village on the east coast of Bali, where the mountains meet the sea. Our boutique resort will cater to all your retreat needs, from yoga to spiritual-healing and wellness retreats. We have on offer all the amenities you will need: upper level, open-air yoga/meditation/ meeting room/exercise area with beautiful ocean & garden views.



https://purioka.com/

### **Oneworld Ayurveda**







RETREAT

### 

Dedicated to truly authentic Panchakarmathe ultimate and most effective healing experience in the science of Ayurveda. Run by professionals with a loving and caring team, giving each guest a memorable healing experience. Our individual programmes are carefully put together by highly qualified Ayurvedic physicians and include therapeutic massages, deep detoxification techniques, herbal medicines, personalised diets, yoga, meditation, interesting lectures, lifestyle transforming experiences and much more.

## Bloo Lagoon Eco Village

**25 PEOPLE** BALI 

Bloo Lagoon is an eco-resort that overlooks the ocean above Padangbai, East Bali. It is an alternative for those who treasure contact with nature and wish to live in harmony with birds, butterflies, gekos and tropical plants. Together with our spa, healthy food restaurant and organic farm our sea facing yoga space offers the perfect place to relax, meditate and conduct a unique retreat.



#### **VENUES & RETREATS**





https://www.oneworldayurveda.com/ **O** instagram.com/oneworldayurveda







O instagram.com/bloolagoon\_padangbai/

### JiwaDamai Garden and Retreat Center



www.jiwadamai.net







#### (°) BALI, INDONESIA

Jiwa Damai is a meeting place for people from all over the world to study, to find and initiate peace, to learn from each other and from the land. We offer yoga and meditation classes for our guests and hold different seminars and workshops focused on Self development. We also offer tailored internship programs in a number of fields.

### Padang Padang Surf Camp





#### FEATURES



I n RESORT

#### (°) BALI, INDONESIA

Bali is the world's best surfing destination for all abilities from total beginner to expert. We are Bali's premier surf camp and yoga resort. We will take care of everything for you so you can spend the maximum time in the water surfing Bali's world famous, and some lesser known Bali surf breaks.

**O** instagram.com/padangpadangsurfcampbali/

### **Hidden Hills Villas**



### Mind Body Soul - Surf Bali



O instagram.com/mbssurfbaliretreat/

#### **VENUES & RETREATS**

#### FEATURES





(°) BALI, INDONESIA

The originality of our boutique villa resort paired with the natural grace of it's beautiful location of Uluwatu makes staying at Hidden Hills Villas an experience unto its own.



**O** instagram.com/hiddenhillsvillas



www.hiddenhillsvillas.com

#### **FEATURES**



IN VILLA

#### (°) BALI, INDONESIA

More than just a surf, yoga & wellness retreat, it's a Lifestyle Experience – push pause and treat yourself to this getaway, changing the way you see your day to day life. Welcome to Mind Body Soul - Surf Bali Retreat, we specialize in surf, yoga and wellness holidays in Bali and would love for you to join us for some fun, sun, ocean & good vibes.

www.mbssurfbali.com

### **Doberai Private Island**



#### O instagram.com/doberaieco

#### FEATURES

JAKARTA



#### (°) RAJA AMPAT, INDONESIA

The Doberai Eco Resort house reefs in urai island. Improving our services and at the same time promoting the new dive spots in Raja Ampat, we, Doberai Eco Resort |Raja Ampat Resort, again, proudly introducing the Doberai Eco Resort house reefs. the dive spots that never been explored before.



### **Bali Flow Temple Retreat Center**





www.baliflowtemple.com



instagram.com/baliflowtemple

#### FEATURES

O BALI, INDONESIA

BALI

The Bali Flow Temple retreat center is situated 8 km (or a 20 minutes drive) from Ubud. Ubud is the capital of yoga and spirituality in the heart of Bali, Indonesia. This epic villa is perfect to hone your skills and play with others while everyone shares the stage to teach, inspire, learn, grow, stretch, bounce, dance, breathe.

### Puri Mas Boutique Resort & spa





### **Balitrees retreats**





O instagram.com/balitreesyogaretreat

#### **VENUES & RETREATS**

#### FEATURES

LOMBOK

#### (°) WEST NUSA TENGGARA, INDONESIA

Puri Mas Boutique Resort and Spa, Lombok, was originally built as a family residence dedicated to the owner's grandfather and mother, who were descendants of the Keraton Solo, or the royal house of Solo, Indonesia. Therefore, since its beginnings as the Owner's residence, the Resort has never been run solely as a business. Our focus is and always will be with our guests, each and every one of you.

#### FEATURES



Balitrees is a unique yoga retreat because it gives travellers the incredible chance to experience the real balinese culture first hand, while learning about traditional balinese yoga & meditation. The retreat cooperates with local retreats and an ashram:'Perguruan Seruling Dewata', where members commit to learn & preserve the ancient balinese knowledge about yoga, meditation, healing, silat (balinese martial arts), tali rasa (balinese tai chi) and more. We only involve yoga teachers that teach Yoga Watukaru, the traditional balinese yoga, because it is our mission to preserve this type of yoga.

### Prashanti Ubud



https://www.prashanti-ubud.com/ O' instagram.com/prashanti.ubud

### FEATURES

BALI

#### RETREAT CENTER

#### (°) BALI, INDONESIA

Prashanti Yoga Retreat is a peaceful, magical sanctuary, beautifully nestled in amongst the rice fields and lush jungle. A fusion between contemporary and authentic Bali. For those who enjoy being immersed in nature, be soothed by a symphony of crickets and frogs, surrounded by dragonflies, butterflies and the legendary Kupu Kupu Barong, but remain only a few steps away from Ubud city centre. We offer the best of both worlds.

### Sarinbuana Eco Lodge





(°) BALI, INDONESIA



#### FEATURES

Sarinbuana Eco Lodge is a haven for Nature lovers. A perfect escape from a busy life to recharge. Located on the remote slopes of Mount Batukaru central Bali. We focus on nutritious flavour filled meals - sourced from our Permaculture gardens. Sleep well with the sounds of Nature. Breathe in clean mountain air & bathe in our natural pool. Gather your group in our private Treetop bamboo yogashala and spend time with our local community-joining workshops or take a trek and explore the Rainforest, Rice paddies & Traditional farmlands.

https://www.baliecolodge.com/

### **Balila Beach Resort**



www.balilabeachresort.com instagram.com/balilabeachresort/

### Villa Naty



(°) BALI, INDONESIA instagram.com/villanatybali/ **O** 

#### **VENUES & RETREATS**



#### **FEATURES**

BALI



#### (°) BALI, INDONESIA

Balila Beach resort is a secluded beach retreat with an old soul. Ocean view, sound healing, healthy food, sea breeze, no noise, no pollution, lots of smiles are the main ingredients for the perfect retreat experience! Immersed in nature, our peaceful eco-chic retreat rests above a crescent beach of volcanic black sand, secure in the protection of Bali's most sacred mountain, Gunung Agung. It's the perfect place to nourish mind, body and spirit with ocean-front yoga shala, sound healing and meditation in the presence of Bali's most revered mountain, Gunung Agung.

#### **FEATURES**





Located in the charming village of Bumbak, near Seminyak, this stunning six-bedrooms villa, set among 2600 square metres of immaculate tropical gardens, and surrounded by traditional Balinese rice paddies, is the ideal place for friends and families to gather together and celebrate or simply take some time to relax and unwind.



### Villa Nedine



villanedine.com

**O** instagram.com/villanedine

### Hotel Tugu Lombok



### 

RESORT ĺnÌ



**O** instagram.com/tuguhotels/

#### FEATURES





#### (°) BALI, INDONESIA

Nestled in the heart of Canggu in one of the best destinations in the world, lies Villa Nedine, a serene eco-luxury 4-bedroom villa that's ideal for when you're in need of a digital detox or when your intentions are set to "retreat". With a 12-metre lap pool surrounded by lush tropical gardens and the famous Echo Beach surf break just 100 metres beyond, this villa is made for relaxation, rejuvenation, and at its most basic, reconnecting with your true self/best life.

#### FEATURES

Tugu Hotels & Restaurants in Bali, Lombok, Jakarta and East Java, all stand as ethereal monuments of forgotten art, culture and romance of the thousand-yearsold Indonesian archipelago. This fully Indonesian experience is achieved not only through a most unique design amidst majestic landscapes, historic towns and refurbished historic buildings, but also from various cultural experiences that guests can only have in the hotels. Tugu- the art, soul and romance of Indonesia..

www.tuguhotels.com



### The Pandora Hotel & Resort



http://www.thepandorahotel.com **O** instagram.com/thepandorahotel/

### Villa Ambra



#### **VENUES & RETREATS**





HOTEL

#### FEATURES

The Pandora Hotel. A brand new hotel in the amazing Ubud. Being here is like being on another planet. Wake up in the morning and enjoy a yoga session in our amazing yoga shala. Located above the Petanu river in the middle of an untouched rain forest where you can enjoy silence like never before.



While Villa Ambra might represent the epitome of holiday luxury, its location means it's an intrinsic part of traditional Balinese rural life.



### Udara Bali Yoga Detox & Spa



**KUTA** (<sup>o</sup>) BALI, INDONESIA O) instagram.com/udarabali/

### **FEATURES**

Udara Bali is an integrated healing yoga resort offering wellness and detox lifestyle to alleviate the stress of modern living. Nestled between the Indian ocean, rice fields and surrounded with ancient temples, Udara sets the mood for a relaxing and authentic Bali holiday. Featuring four beautiful yoga shalas (three with ocean view, one overlooking the ancient temples) and a beautiful Spa with water healing pool, finnish sauna, herbal steam room, hot Jacuzzi and ice water plunge as well as a meditation cave.



### **Fivelements Retreat Bali**



Κυτα

(°) BALI, INDONESIA

instagram.com/fivelementsretreats/ 🗰 www.fivelements.com

FEATURES

Creating the space for life transformation and love in action. At Fivelements, we recognise that optimal wellness comes from embracing and respecting the body, mind and spirit, where health and self-realisation are reflections of the love, authenticity and harmony within. Our authentic destinations offer an integrative approach bridging traditional wisdom with innovative healing modalities, epicurean plant-based cuisine and transformative sacred arts programmes.

### The Cotton House, Bali









instagram.com/pondokpitaya/ O

#### **VENUES & RETREATS**

#### FEATURES

The Cotton House whose architecture is inspired by the great houses of the Caribbean is perfectly located in the midst of the Seminyak and Petitenget district. Set on almost <sup>3</sup>/<sub>4</sub> of an acre, architect Hetta Thynne has created a beautiful combination of entertainment, relaxation and accommodation spaces. The Cotton House can be enjoyed by large groups of family and friends and its expansive entertainment area and flowing lawn lends itself to large functions such as weddings and family gatherings.

www.thecottonhousebali.com Pondok Pitaya: Hotel, Surfing and Yoga

#### **FEATURES**



DENPASAR





Pondok Pitaya Surfer Hotel is located on the edge of a natural volcanic black sand beach and beautiful cliff crafted by nature itself. The beach is perfect for long walks and has all year round waves for surfing. Many Yoga groups are starting to looking into Balian Beach as an alternative training spot other than Ubud.

### Zen Resort Bali



http://zenresortbali.com/

### Omunitybali



### FEATURES





#### ONORTH BALI, INDONESIA

Overlooking the Sea of Bali, nestled in tropical forests, rice fields and vineyards, Zen Resort Bali is a boutique holistic wellness retreat resort in a serene environment, offering integrated Ayurveda, Yoga, Meditation, Pranayama, Detox, Naturopathy, Organic Cuisine, and Zen Harmony Diving and Snorkelling. A sanctuary to rejuvenate and enhance your physical, psychological and spiritual wellbeing and experience the joy of embracing sustainable lifestyles.







#### O BALI, INDONESIA

Through food, culture, language, and way of living, tourist can get to know a new culture without destroying Bali's greatest asset: Mother Nature. We seek to educate and facilitate a cultural exchange between locals and visitors and to bridge the gap between environmental concerns and human interests through practical education and the involvement of Sudaji's community.

https://www.omunitybali.com/



### **RETREAT AND VENUES**

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