

## the lighter side

### deli sandwiches

all deli sandwiches come with your choice of fries, soup of the day or house salad. choose between rye, whole wheat or white bread. includes: creamy mayonnaise, lettuce ☒ 11

black forest ham and cheddar cheese

egg salad | chicken salad

ask your server for alternate toppings or sauces.

### asian lettuce wraps

fresh iceberg lettuce, asian noodles in a sesame thai sauce with chicken, chili cashews, chives, shredded carrot, red and green peppers 12

### quesadilla

crispy flour tortilla stuffed with our three cheese blend, black olives, fresh tomatoes, green onions, jalapeño peppers and topped with salsa and sour cream 11

add to your quesadilla: grilled chicken 5 | taco beef 5

## salads

all salads are accentuated with garlic toast

### mediterranean

crispy romaine lettuce, tomato, cucumber, red pepper, green pepper, red onion, kalamata olives and tangy goat cheese mixed with Kraft Herb Vinaigrette ☒ 14

### echo chicken caesar

romaine lettuce tossed in caesar dressing with lemon garlic croutons parmesan cheese and crispy bacon bits. topped with seasoned grilled chicken breast 15

### california salad

romaine lettuce, strawberries, kiwi, and mandarin slices tossed with our honey dill dressing and topped with toasted almond slices ☒ 14

add a grilled chicken breast for 5

echo is proud to use  products

## signature flatbreads

### italian

genoa salami, chorizo sausage, tomato sauce, roasted red peppers, mozzarella, parmesan and fresh herbs ☒ 14

### bbq chicken

tangy bbq sauce, seasoned chicken pieces, green onions, bacon and mozzarella cheese, parmesan and herbs ☒ 14

### echo deluxe

pepperoni, canadian back bacon, mushrooms, mixed peppers, onions and our three cheese blend, parmesan and herbs ☒ 14

### margarita

tomato sauce, mozzarella & goat cheese, tomato, and chiffonade basil, parmesan and herbs ☒ 14

☒ items that can be modified by our chefs to be gluten free options

## echo favourites

favourites are accompanied by golden fries, soup or house salad. substitute sweet potato fries 0.99

### tempura beer battered cod

crispy tempura beer battered cod, breaded to order served with coleslaw, fries and tangy tartar sauce 14

### philly melt

open faced piled high with shaved roast beef, on garlic toast with red & green peppers, mushrooms, onions, topped with swiss cheese 14

### club house sandwich

a triple decker sandwich with black forest ham, roast turkey, fresh tomato, crispy lettuce, creamy mayonnaise, bacon and cheddar cheese 14

### echo extreme steak sandwich

2 - 3oz steak medallions with crispy panko breaded onion rings ☒ 18

### certified angus beef® brand burger

certified angus beef® brand burger, lettuce, tomato, red onion and mayonnaise, served on a pretzel bun ☒ 14

add cheese 2 | add cheese & bacon 3

### smoked turkey panini

smoked turkey, roasted red pepper, cranberry aioli, gouda cheese and marble rye 12

### bacon gouda burger

certified angus beef® brand burger topped with house made honey barbeque sauce, bacon and smoked gouda cheese, lettuce, tomato and red onion on a crispy french onion kaiser ☒ 15

### the echo reuben

sliced corned beef, provolone cheese, wine sauerkraut, hot banana pepper rings, 1000 island dressing, on marble rye, garnished with a dill pickle wedge 14

### thai chili chicken wrap

thai chili chicken tenders mixed with crispy wontons served in a flour tortilla shell with shredded lettuce, green onions, sesame seeds and a three cheese blend 12

### turkey bacon wrap

cranberry aioli, lettuce, turkey, bacon and tomato wrapped with gouda cheese in a warm flour tortilla 12

### prime rib sandwich

slow roasted prime rib on grilled garlic bread, brushed with bbq sauce, topped with sautéed mushrooms and onions ☒ 17

add crispy fried banana peppers for 1 | add cheese 2

## pastas

pastas are served with garlic toast. available until 4pm

### chipotle chicken penne alfredo

penne noodles and grilled chicken, tossed with spicy chipotle alfredo, fire roasted red peppers and button mushrooms 14

### spicy chorizo penne

chorizo sausage, savory peppers and onions in our cajun spiced tomato sauce. sautéed to perfection with penne noodles. mild, medium or hot 14

add chicken 5 | add shrimp 5

### grilled chicken stir-fry

grilled chicken sautéed with a stir-fry vegetable medley, tossed in a teriyaki sauce and served over chow mein noodles ☒ 16

prices subject to applicable taxes