

In Room Spa Service

Signature Facial

An all natural, deep cleansing, hydrating facial, dramatically renewing the skin's firmness and elasticity. Facial includes 3 facial masks, extractions and neck/shoulder massage.

11/4 hours \$135

Mini Facial

All natural deep cleansing, hydrating facial. Includes 2 masks and neck/shoulder massage. No extractions. 1 hour \$115

Aromatherapy Facial Massage

Treatment begins with a relaxation foor massage, followed by a deep cleansing facial using citrus essential oils and steamed towels. Finished with arm, hand, neck, should and scalp massage.

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1 hour		\$115
11/2 hour		\$155

Swedish Massage

Light to Medium pressure massage to create overall relaxation, health & well-being.

1 hour	\$110
11/2 hours	\$145
2 hours	\$175

Deep Tissue Massage

A relaxation deep tissue massage using medium to firm pressure to help unlock tension and stress held in the body

1 hour	\$120
11/2 hours	\$155

Raindrop Therapy Massage

A relaxation Swedish Massage using a variety of 9 essential oils applied sing a raindrop technique up and down the body. Balances and aligns energy centres.

1 hour	\$115
11/2 hours	\$150
2 hours	\$184

Foot Reflexology

Firm pressure point massage on the feet which balances and normalized all systems in the body 1 hour \$115

<u>Luxury Mudd Wrap</u>

Begins with a Moor Mudd Body Exfoliation, steamed towels, application of Moor Mudd and body wrap. Followed by a shower, 1 hour Swedish Massage, finishing with a light aromatherapy facial massage 21/4 hours \$210

Luxury Salt Glow

This skin "glowing" treatment begins with a 1 hour Swedish Massage, followed by a Natural Sea Salt Scrub and shower. Finishing with steamed towels and an application of Body Milk.

13/4hours \$182

Spa Manicure and Pedicure

Treatment begins with warm soak with softening creams followed by cuticle treatment repair, nail shaping, dead skin removal and finishing with a relaxation massage and application of polish,

1 hour Pedicure	\$85
2 hours Manicure and Pedicure	\$142
Pedicure with Reflexology	\$180

<u>Aromatherapy Blends</u>

Enhance your treatment with an Aromatherapy Massage Oil Blend. Each blend is handmade and consists of a variety of 3 essential oils and has a lasting effect of up to 72 hours. An additional \$10 per treatment.

Blends

* Sore muscle blend: basil, clove, peppermint *Anxiety/Upliftment Blend mandarian, geranium, benzoin *Stress/Relaxation Blend clary sage, lavender, benzoin



