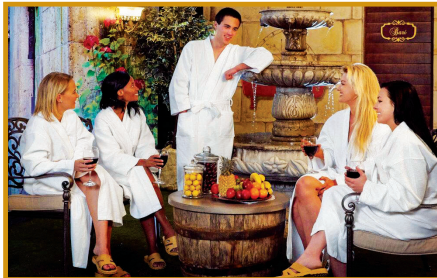


## Spa Etiquette

- Treatments, facilities and prices may vary at each Spa.
- The treatments you select are reserved especially for you. Accordingly 100% cancellation fee applies to treatments cancelled less than 24 hours before the scheduled appointment time.
- Late arrivals will result in reduced treatment time, without credit.
- La Vita is not responsible for any theft, damage, loss or misfortune that may occur.
- Treatments and packages are non-refundable & non-transferable and may not be swapped. For hygienic reasons, products purchased may not be returned or exchanged.
- Lifestyle Rewards members may enjoy their Membership Card at selected spas.



## Lifestyle Rewards Spas:

• Ballito	: La Montagne Hotel & Spa	032 946 1356
• Umdloti	: Perna Perna Resort & Spa	031 568 1098
• North Beach	: The Palace Hotel & Spa	031 332 8351
• Margate	: Margate Sands Resort & Spa	039 312 8100
• Brits-North West	: Magalies Park Resort & Spa	012 207 9000
• Cape Town	: Mount Sierra Resort & Spa	021 424 1685
• West Coast	: Club Mykonos Resort & Spa	022 707 7174

## Other Spas:

• South Beach	: 10 South Resort & Spa	031 332 1510
• Shaka's Rock	: Chaka's Rock Resort & Spa	032 525 5008
• Scottburgh	: Selborne Hotel & Spa	039 688 1800
• Mooi River	: Midlands Resort & Spa	033 263 2758
• Drakensberg	: Bushmans Nek Hotel & Spa	033 701 1460
• Drakensberg	: Drak. Gardens Resort & Spa	033 701 1355
• Harrismith	: Qwantani Resort & Spa	058 623 0882
• Vryheid	: Natal Spa Hotsprings Resort	034 995 0300
• Hazyview	: Waterberry Hill Resort & Spa	013 737 8493
• Lydenberg	: Gethlane Lodge Hotel & Spa	013 231 7316
• Belfast	: Kloppenheim Country Estate & Spa	013 256 9148
• Eastern Cape	: Hole in the Wall Resort & Spa	047 575 0009
• Velddrif	: Port Owen Marina Resort & Spa	022 783 0703
• UK Millom	: Brockwood Hall Resort & Spa	+44 1229 77 2329

Head Office : ☎0860 567 567  
www.lavitaspas.com

Join Lifestyle Rewards today  
and save 20%



## Treatment Menu

## Luxury Treatments

## Pamper Packages

## Beauty Treatments

### Body Treatments

Hands & Feet Deluxe	(60min)	R400
Back Rejuvenation	(60min)	R450
Full Body Exfoliation	(60min)	R450
Pride of Italy Exfoliation & Massage	(120min)	R750

### Luxurious Massages

Indian Head Massage	(60min)	R400
Destress Back & Foot Massage	(60min)	R450
Roman Royalty Swedish Massage	(60min)	R450
Aromatherapy Full Body Massage	(60min)	R500
Hot Stone Full Body Massage	(90min)	R600
Couples Full Body Massage	(60min)	R850

### Exotic Facials

Classic Soothing Facial	(60min)	R450
Majestic Milanese Facial	(60min)	R600
Super Extraction Facial	(90min)	R650
Ultimate Anti-Aging Facial	(90min)	R650

### Manicures & Pedicures

Spa Manicure	(60min)	R250
Spa Pedicure	(60min)	R250
Spa Paraffin Manicure	(90min)	R300
Spa Paraffin Pedicure	(90min)	R300
Venetian Hands & Feet	(60min)	R300

### Sicilian Body Shot

Foot Massage, Full Body Massage, Head Massage & Refreshments	(3hrs)	R1000
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### Heavenly for Him

Back Exfoliation, Steam & Extraction, Destress Back Massage, Foot Exfoliation, Soothing Foot Massage & Refreshments	(3hrs)	R1000
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### Girlfriends Package

Spa Paraffin Mani & Pedi, Soothing Foot Massage, Indian Head Massage & Refreshments. Price per person	(4hrs)	R1100
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### Mother & Daughter Bonding

Venetian Hands & Feet, Classic Soothing Facial, Aromatherapy Full Body Massage & Refreshments. Price per person	(4hrs)	R1200
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### Mona Lisa

Classic Soothing Facial, Indian Head Massage & Refreshment as well as your own take home Professional Cleanser, Toner & Moisturizer	(2hrs)	R1400
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### Sunset Package

Hot Stone Full Body Massage, Super Extraction Facial, Venetian Hands & Feet & Refreshments	(4hrs)	R1400
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### Ultimate Indulgence

Majestic Milanese Facial, Hot Stone Full Body Massage, Indian Head Massage, Spa Paraffin Mani & Pedi, Soothing Foot Massage, a Light Meal & Refreshments, a jar of Signature Dead Sea Peel-Off Mask & one Professional Facial Product	(7hrs)	R2300
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### Couples Paradise

Roman Royalty Swedish Massage, Ultimate Anti-Ageing Facial, Foot Exfoliation & Massage, Indian Head Massage, a bottle of sparkling wine & Refreshments. Price per couple	(5hrs)	R3200
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### Kiddies Pamper

Kids under the age of 13, by special arrangement may enjoy the following treatments provided they are accompanied by an adult.		
Kids Facial	(60min)	R250
Kids Manicure & Pedicure	(60min)	R250
Kids Full Body Massage	(60min)	R250

### Tinting

Eyelash / Eyebrow (ea)	(30min)	R 60
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### Waxing

Upper Lip / Chin / Eyebrow (ea)	(30min)	R 50
Sideburns / Tummy / Underarm (ea)	(30min)	R 60
Half Leg / Full Face / Bikini (ea)	(60min)	R110
Full Back / Brazilian (ea)	(60min)	R160
Full Leg / Full Arm (ea)	(60min)	R160

### \* Fabulous Gel/Acrylic Nails

Overlays - Hands or Toes	(60min)	R200
Extensions - French or colour paint	(90min)	R250

### \* Specialised Treatments

Cellulite Reversal Treatment	(60min)	R300
Swiss Body Wrap	(60min)	R300
Non Surgical Luxury Face Lift	(60min)	R500