The Spa at Schoolhouse Creek is located in a beautiful Yurt adjacent to our ocean view hot tub. All massage and spa services include

complimentary use of our hot tub and sauna enjoy a relaxing soak or sauna before your to treatment warm and relax aching muscles! Yurts have been used throughout the centuries and, based on the principles of sacred geometry;



provide excellent energy and acoustics for bodywork. We pride ourselves on bringing you only the highest quality, caring and professional massage therapists who will skillfully attend to your relaxation. In all of our spa treatments, we use only the finest natural oils, herbal extracts, and natural ingredients. Our products are custom blended and freshly mixed to ensure the highest potency and to eliminate the use of preservatives and stabilizers found in most commercial products.

Schoolhouse Massage

60 minutes \$100

Melt away your tensions with our Schoolhouse Massage. Integrating Swedish and other therapeutic techniques with just the right amount of pressure, this massage will leave you relaxed and

with an overall feeling of wellbeing. The perfect addition to your stay at the Inn.



Mendo Time

15 minutes \$25 30 minutes \$50

Enhance your retreat and luxuriate in extra massage time. Choose longer "all over" body time, or select a focus area such as back, neck, hands, or feet.

Trandem Massages – Enjoy your massage or spatreatments together! Our Yurt provides the perfect space for two massages tables, two therapists, and you. Take a soak in our ocean view hot tub before the treatments and you'll be right there. Just select treatments of equal length. Please give us as much notice as possible to accommodate your scheduling preferences.



Hot Rocks Massage

90 minutes \$17

Smooth basalt rocks, selected for their heat retaining qualities are expertly integrated into a full-body massage, taking relaxation to a new level. The penetrating heat naturally soothes and relaxes muscles as our botanical extracts enhance the treatment even more. If it has been more than six months since your last massage it is highly recommended that you select a hot rocks massage to maximize the benefit from your body work.

Deep Tissue Massage

75 minutes \$150 Additional 15 Minutes \$25

Advanced techniques and modalities specific to chronically tight muscles and areas of tension are incorporated into the massage for a soothing therapeutic treatment. Botanical extracts are selected to aid circulation, relaxation and healing. If you have more than one focus area please add more time.

Prenatal Massage

60 minutes \$125

Treat yourself to a release from the aches of your transforming body. This massage relaxes the muscles and helps them ease into their changing functions. Our skilled massage therapists take the utmost care to ensure an enjoyable and safe bodywork experience for both participants using pregnancy appropriate techniques and aromatherapy. Extra care is taken with bolsters and pillows to support you for total relaxation and a reconnection with your body during this time of sacred creation.

Reiki Renewa

60 minutes \$85

Reiki is a deeply relaxing, stress reducing and nurturing treatment in which the client remains clothed throughout. The therapist administers light, intuitive touch for a feeling of complete renewal for body, mind and spirit.



All massage and spa services include complimentary use of our 24 hour hot tub and sauna for you to enjoy a relaxing soak or sauna before your treatment to warm and relax aching muscles!

Our spa is very popular and we recommend that you make your appointments early to ensure your desired treatment times.

Please note that all massage and spa treatments have a 24-hour cancellation policy. Cancellations with less than 24-hour notice are billed the full treatment cost.