

SPA SERVICES AT VARANASI

Romeo & Juliet Massage For Couples:

Designed for couples, this deeply relaxing massage is performed by two therapists, using a very special blend of Aroma Oils. It not only provides a unique experience for lovers, but also enhances closeness and romance.

Marma - Mind, Body & Spirit Massage:

An exotic & highly therapeutic Ayurveda inspired massage that uses a special herbal oil prepared with an ancient recipe.

Deep Tissue Massage:

Designed for individuals who like to focus on those tight and sore muscles.

Bliss Full Body Massage:

This full treatment features a range of customized Aroma therapy oil blends to convey the healing, harmonizing and rejuvenating properties of the essential oils into the body through rhythmic massage strokes. Select an oil to suit your mood.

Red Rice Massage:

A unique massage, first time introduced in India using rice paste. The paste is made from finely ground pure organic red rice mixed with rose water.

Detox Body Massage:

A combination of ancient herbal knowledge with modern day spa techniques to create a wonderful and efficient combination of Neem, Tulsi and Aloe Vera.

Thai Yoga Massage:

Thai massage traces its origins from North India over the last 7,500 years and is based on the teachings of the Watt Po temple in Thailand.

Foot and Lower Leg Massage:

Your feet will first be soothed in a bath of essential oils, followed by a revitalizing foot and lower leg massage with herbal oil.

Back Massage:

A perfect introduction to Aromatherapy, this massage concentrates on relieving muscular tension.

Anti-stress Head, Neck and Shoulder Massage:

This massage relieves soreness and stress-related tension.

Herbal Body Scrub:

For a longer lasting suntan, shed those dead layers of skin with a thorough body exfoliation using an age-old Ayurveda formula renowned for its strong herbal antioxidants.

Cucumber Wrap:

This treatment has been specifically designed to relieve pain and damage caused by over-exposure to the sun.

Yoghurt Turmeric Wrap:

An exfoliating scrub of rice, yoghurt, turmeric, sandalwood, aromatherapy oil mixed and applied on the whole body to soothes the skin.

Papaya Body Wrap:

Fresh papaya pulp is gently massaged on skin, then wrapped and left to be absorbed.

