



FOR IMMEDIATE RELEASE

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**MEET YOUR BOSS IN THE MORNING, DIVE
WITH FLIPPER AFTER LUNCH**

Honduras resort offers small conferences, diving and dolphin adventures.

ROATAN, BAY ISLANDS OF HONDURAS – There's no "I" in team, but there could be a team in the "island" paradise of Roatan. Set a Caribbean backdrop for your next conference. Consider rewarding your top performers with a week at Anthony's Key Resort, an all-inclusive dive mecca and home to Honduras' only dolphin program, including activities to feed, train, snorkel and dive with dolphins.

Anthony's Key Resort is located on the English-speaking, Caribbean island of Roatan, Bay Islands, a three-hour flight from Houston or Miami. Located 35 mi (56km) off the coast of Honduras, Roatan sits next to the second largest barrier reef system in the world. There are hundreds of dive sites to choose from, with 35 sites 5-30 minutes away, in waters averaging 80-100 feet visibility. Roughly 96 per cent of all species found anywhere in the Caribbean can be found off this palm-fringed islet roughly 30 miles long.

The Roatan Institute of Marine Sciences (RIMS), owned and operated by Anthony's Key Resort, is a unique on-site research and educational facility. Dolphins reside in a natural lagoon, complete with a living coral reef ecosystem, and leave the facility to be trained and to interact with snorkelers and divers in myriad dolphin activities.

Family-owned and operated for over 30 years, Anthony's Key Resort prides itself on service and caters to small conference groups of up to 125 guests. With advanced planning, groups can book the entire resort.

Although diving and snorkeling are the main attractions, those seeking other adventures can customize their package with dolphin activities, one-day outer island excursions, and canopy tours. Overnight excursions can be arranged for white-water rafting on the mainland of Honduras or exploring the archaeological ruins of Copan. The list of rewarding activities goes on and on. Accommodations include waterfront cabanas, some sitting on stilts over the water, and bungalows tucked into the lush hillside, offering garden views overlooking the lagoon below.

Anthony's Key Resort offers two spacious meeting rooms equipped with video, audio equipment, slide projector, overhead projector, chalkboard and dry erase boards. These air-conditioned rooms can easily accommodate twenty six people. Internet access is available 24 hours. Inquire about wireless internet access available throughout the property.

Interested meeting planners may book a trip prior to bringing their groups. For details on Anthony's Key Resort, call 1-800-227-3483 or visit www.anthonyskey.com.

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Anthony's Key Resort offers a variety of dolphin activities through its Roatan Institute for Marine Sciences, including: the dolphin dive; snorkel/swim; 2-day Specialty Dolphin Course; Trainer-for-a-Day; dolphin beach encounter; Platform Training Sessions (kids 0-7 years); Discovery SCUBA Camp (kids 5-14 years); daily dolphin demonstrations and Dolphin Trainer 101 (weekly package).

Inquisitive guests of all ages and comfort levels who don't dive, can marvel at the experience of a dolphin encounter, wading waist-deep in a sparkling lagoon of 80 degree water with dolphins from RIMS. Dolphin snorkelers begin with a beach encounter, then snorkel off a white sand key in approximately 20 feet of water, accompanied by a dolphin behaviorist and videographer.

The seven-night dive or snorkel package includes: 3 daily single tank boat dives, 2 weekly night dives, tanks, weights, and weightbelts, welcome cocktail, kayaking, canoes, horseback riding, entrance to the Roatan Museum, daily dolphin show presentation, island fiesta night, beach picnic, and airport transfers from Roatan Int'l airport to hotel. Costs range from \$1160 to \$1699 per person, hotel tax included, based on double occupancy for 2006.

A PADI 5-Star Gold Palm Resort, AKR offers the least expensive diver training and PADI certification in the Caribbean and runs a PADI Instructor Development Center. Eleven custom dive boats are available to leave three times daily for reef, wall, wreck dives and two weekly night dives. The on-site medical facility, serving residents and visitors, includes a hyperbaric chamber.

Beyond the world-class dive sites, Roatan has much to offer above the surface of the ocean. Canopy tours rush visitors through the treetops, swaying over the island peaks, and down the steep slopes to Tabyana Beach. Overnight excursions may be arranged to white-water raft down the Cangrejal River or observe wild life at the Cuero y Salado Wildlife Refuge.

If high altitude and high speed are too much of a rush, there are horses to ride on the beaches, kayaks to paddle around its shores, fly fishing on the flats and dolphins to play with in the surf. Visitors can also arrange to visit Maya Ruin sites or hike in a cloud forest on the mainland of Honduras.

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