

February 17 - February 23

lappening 🛛

Discover all Arizona has to offer! Monday @ 930am

In The Gallery (second level of the Clubhouse)

◊ Come check out all the fun here on property!

Learn about the many opportunities for adventure in Arizona

Bring your invite to be entered into a raffle for a \$25 gift card!



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Come down to the pool deck every Thursday afternoon 4pm – 6pm

- Happy Hour appetizers & drinks
  - Listen to Keith Byers
    "The Singing DJ"
  - Check out Grace & Heart's jewelry

## THE GRILLE



Join us poolside to check out our new food & wine menus!





Enjoy with your friends, bring your family, all are welcome

Every day is a fresh start

#### <u>A Fresh Start</u>

Our signature 50-minute massage enhanced with custom blended aromatherapy oils

#### \$85

to reserve your spa escape please dial extension 510

gift certificates available

\*specials cannot be combined with poker chips or any other promotions or discounts\*

| AC              | <b>FIVITIES &amp;</b> 1            | MOV    | IES               |  |  |  |  |  |
|-----------------|------------------------------------|--------|-------------------|--|--|--|--|--|
| Time:           | Event:                             | Price: | Location:         |  |  |  |  |  |
|                 | Saturday, February 17, 2018        |        |                   |  |  |  |  |  |
| 12:00PM         | Movie: "Fences", PG13              | \$3.00 | Theater           |  |  |  |  |  |
| 2:00PM          | Bocce Ball Tournament              | Free   | Meet In The Lobby |  |  |  |  |  |
| 3:00PM          | B.I.N.G.O.                         | Free   | Poolside          |  |  |  |  |  |
| 6:00PM          | Movie: "Snitch", PG13              | \$3.00 | Theater           |  |  |  |  |  |
|                 | Sunday, February 18, 2018          |        |                   |  |  |  |  |  |
| 11:00AM         | Movie: "Sully", PG13               | \$3.00 | Theater           |  |  |  |  |  |
| 6:00PM          | Movie: "Baywatch", R               | \$3.00 | Theater           |  |  |  |  |  |
|                 | Monday, February 19, 2018          |        |                   |  |  |  |  |  |
| 9:30AM          | New Event - Discover Arizona       | Free   | Gallery           |  |  |  |  |  |
| 11:00AM         | Movie: "The Butler", PG13          | \$3.00 | Theater           |  |  |  |  |  |
| 6:00PM          | Movie: "Wild", R                   | \$3.00 | Theater           |  |  |  |  |  |
|                 | Tuesday, February 20, 2018         |        |                   |  |  |  |  |  |
| 10:00AM         | Owner Update Meeting               | Free   | Theater           |  |  |  |  |  |
| 1:00PM          | Movie: "Captain Phillips", PG13    | \$3.00 | Theater           |  |  |  |  |  |
| 3:00PM          | Shadow Box Painting                | \$5.00 | Poolside          |  |  |  |  |  |
| 6:00PM          | Movie: "The Big Sick", R           | \$3.00 | Theater           |  |  |  |  |  |
|                 | Wednesday, February 21, 2018       |        |                   |  |  |  |  |  |
| 11:00AM         | Movie: "Woman In Gold", PG13       | \$3.00 | Theater           |  |  |  |  |  |
| 12:00PM         | Pool Games                         | Free   | Poolside          |  |  |  |  |  |
| 2:00PM          | Chakra Meditation                  | Free   | Meet In The Lobby |  |  |  |  |  |
| 6:00PM          | Movie: "The Hitman's Bodyguard", R | \$3.00 | Theater           |  |  |  |  |  |
|                 | Thursday, February 22, 2018        |        |                   |  |  |  |  |  |
| 11:00AM         | Movie: "The Ides Of March", R      | \$3.00 | Theater           |  |  |  |  |  |
| 3:00PM          | B.I.N.G.O.                         | Free   | Poolside          |  |  |  |  |  |
| 4:00PM - 6:00PM | Live Music & Jewelry Show          | Free   | Poolside          |  |  |  |  |  |
| 6:00PM          | Movie: "Get Out", R                | \$3.00 | Theater           |  |  |  |  |  |
|                 | Friday, February 23, 2018          |        |                   |  |  |  |  |  |
| 11:00AM         | Movie: "The Judge", R              | \$3.00 | Theater           |  |  |  |  |  |
| 3:00PM          | Blackjack Tournament               | Free   | Poolside          |  |  |  |  |  |
| 6:00PM          | Movie: "Dunkirk", PG13             | \$3.00 | Theater           |  |  |  |  |  |

# FITNESS CLASSES

| Time:                        | Event:                                |  |  |  |  |  |  |
|------------------------------|---------------------------------------|--|--|--|--|--|--|
| Time.                        |                                       |  |  |  |  |  |  |
| 11.00.43.6                   | Saturday, February 17, 2018           |  |  |  |  |  |  |
| 11:00AM                      | Water Exercise                        |  |  |  |  |  |  |
| Monday, February 19, 2018    |                                       |  |  |  |  |  |  |
| 9:00AM                       | Tai Chi Easy                          |  |  |  |  |  |  |
| 11:00AM                      | Water Exercise                        |  |  |  |  |  |  |
| Tuesday, February 20, 2018   |                                       |  |  |  |  |  |  |
| 7:30AM                       | Morning Stretch                       |  |  |  |  |  |  |
| 8:00AM                       | FITennis (Clinic)                     |  |  |  |  |  |  |
| 9:00AM                       | Kokopelli Nature Walk                 |  |  |  |  |  |  |
| 11:00AM                      | Water Exercise                        |  |  |  |  |  |  |
| Wednesday, February 21, 2018 |                                       |  |  |  |  |  |  |
| 7:30AM                       | Mindful Yoga                          |  |  |  |  |  |  |
| 9:00AM                       | Tai Chi Easy                          |  |  |  |  |  |  |
| 10:00AM                      | Pickelball Open Court (no instructor) |  |  |  |  |  |  |
| 11:00AM                      | Water Exercise                        |  |  |  |  |  |  |
|                              | Thursday, February 22, 2018           |  |  |  |  |  |  |
| 8:00AM                       | Heart & Sole                          |  |  |  |  |  |  |
| 11:00AM                      | Water Exercise                        |  |  |  |  |  |  |
| Friday, February 23, 2018    |                                       |  |  |  |  |  |  |
| 7:30AM                       | Mindful Yoga                          |  |  |  |  |  |  |
| 11:00AM                      | Water Exercise                        |  |  |  |  |  |  |
| ROADRUNNER                   |                                       |  |  |  |  |  |  |
| BREAKFAST                    |                                       |  |  |  |  |  |  |

\$6.99 Per person/per day

PURCHASE THE 7-DAY CARD FOR \$35 AND SAVE \$15 PER PERSON <u>MINDFUL YOGA/ALL LEVELS YOGA</u>—Mindful breath and movement allows our connection with self to unfold. *Located In The Fitness Studio* 

<u>WATER EXERCISE</u>—Water class to improve balance, increase strength and core stability. *Located At The Pool* 

**TAI CHI EASY**—A gentle Tai Chi & Qigong practice through movement, breathing and focused awareness. Ending your journey with mindful meditation. *Located At The Labyrinth* 

Pickleball Open Court — Try out the paddle sport that combines tennis, badminton and ping-pong! Pickleball is a competitive paddle sport game created for all ages, skill levels & can be played as doubles or singles. Equipment provided free of charge & accompanied by rules of the game.

<u>CHAKRA/MEDITATION</u>—Visualization, meditation & breathing exercises. *Meet In The Lobby* 

**KOKOPELLI NATURE WALK**—Outdoor walk that utilizes natural surroundings and exercise fitness stations along our 1.1 mile long Kokopelli Trail. *Meet In The Lobby* 

**MORNING STRETCH**—Start the day with a full body stretch to get ready for daily tasks, improve range of motion, posture and mobility by performing energizing stretches. *Located In The Fitness Studio* 

HEART & SOLE—A low impact workout for all fitness levels. This class will improve your cardiovascular endurance, strength and balance. Located In The Fitness Studio

#### Mindful Yoga & Morning Stretch:

- ♦ SCR Owners: Complimentary
- Entertainment Card Holders: Complimentary
  - All others \$5.00 charge for Mindful Yoga & Morning Stretch.



CINEMA

## **Entertainment Card**

All you need is 1 card for everyone!

10% Discount at The Running Water Spa\* exclusions apply Complimentary DVD Rentals Complimentary Movie Tickets @ The Sonoran Theater Access to all Sporting Equipment Access to all Fitness Classes Complimentary Printed Boarding Passes

\*Discount cannot be combined with any other offers or promotions Card must be present for all services & discounts



### FITENNIS

Join us at 8am on February 20 with our USPTA certified tennis professional for 60-min lesson to focus on your tennis fundamentals balanced with fitness exercises. \$30 per person.

registration cutoff Monday, February 19th by 8pm



### Join Angie

In the Labyrinth to practice movement, breathing & focused awareness. See Page 3 for all scheduled classes & times.

This class is intended for all fitness levels.

| Pro      | stern<br>perty<br>isors | EQU   | Featured<br>Villas<br>FOR SALE |        |         | Incredible prices on<br>available villas<br>or<br>assistance with the sale of<br>your villa!<br>Contact: Aaron A. Muth, P.C.<br>Phone: 602-320-2811 |              |       |          |        |         |
|----------|-------------------------|-------|--------------------------------|--------|---------|---|--------------|-------|----------|--------|---------|
| Villa #: | Unit Type:              | Week: | Date                           | s:     | Price:  | Villa #:  | Unit Type:   | Week: | Dates:   |        | Price:  |
| A -37    | 2<br>Bedroom            | 3     | 20-Jan /                       | 27-Jan | \$1,200 | В-6   | Studio       | 5     | 4-Feb /  | 11-Feb | \$1,200 |
| A -5     | 2<br>Bedroom            | 3     | 20-Jan /                       | 27-Jan | \$1,500 | B - 37  | Studio       | 6     | 11-Feb / | 18-Feb | \$1,700 |
| B -24    | Studio                  | 4     | 28-Jan /                       | 4-Feb  | \$1,300 | В-39  | Studio       | 6     | 11-Feb / | 18-Feb | \$2,000 |
| B - 37   | Studio                  | 4     | 28-Jan /                       | 4-Feb  | \$1,200 | C -03   | 3<br>Bedroom | 3     | 19-Jan / | 26-Jan | \$2,500 |