

February 17 - February 23

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Discover all Arizona has to offer! Monday @ 930am

In The Gallery (second level of the Clubhouse)

◊ Come check out all the fun here on property!

Learn about the many opportunities for adventure in Arizona

Bring your invite to be entered into a raffle for a \$25 gift card!



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Come down to the pool deck every Thursday afternoon 4pm – 6pm

- Happy Hour appetizers & drinks
  - Listen to Keith Byers
    "The Singing DJ"
  - Check out Grace & Heart's jewelry

## THE GRILLE



Join us poolside to check out our new food & wine menus!





Enjoy with your friends, bring your family, all are welcome

Every day is a fresh start

#### <u>A Fresh Start</u>

Our signature 50-minute massage enhanced with custom blended aromatherapy oils

#### \$85

to reserve your spa escape please dial extension 510

gift certificates available

\*specials cannot be combined with poker chips or any other promotions or discounts\*

AC	<b>FIVITIES &amp;</b> 1	MOV	IES					
Time:	Event:	Price:	Location:					
	Saturday, February 17, 2018							
12:00PM	Movie: "Fences", PG13	\$3.00	Theater					
2:00PM	Bocce Ball Tournament	Free	Meet In The Lobby					
3:00PM	B.I.N.G.O.	Free	Poolside					
6:00PM	Movie: "Snitch", PG13	\$3.00	Theater					
	Sunday, February 18, 2018							
11:00AM	Movie: "Sully", PG13	\$3.00	Theater					
6:00PM	Movie: "Baywatch", R	\$3.00	Theater					
	Monday, February 19, 2018							
9:30AM	New Event - Discover Arizona	Free	Gallery					
11:00AM	Movie: "The Butler", PG13	\$3.00	Theater					
6:00PM	Movie: "Wild", R	\$3.00	Theater					
	Tuesday, February 20, 2018							
10:00AM	Owner Update Meeting	Free	Theater					
1:00PM	Movie: "Captain Phillips", PG13	\$3.00	Theater					
3:00PM	Shadow Box Painting	\$5.00	Poolside					
6:00PM	Movie: "The Big Sick", R	\$3.00	Theater					
	Wednesday, February 21, 2018							
11:00AM	Movie: "Woman In Gold", PG13	\$3.00	Theater					
12:00PM	Pool Games	Free	Poolside					
2:00PM	Chakra Meditation	Free	Meet In The Lobby					
6:00PM	Movie: "The Hitman's Bodyguard", R	\$3.00	Theater					
	Thursday, February 22, 2018							
11:00AM	Movie: "The Ides Of March", R	\$3.00	Theater					
3:00PM	B.I.N.G.O.	Free	Poolside					
4:00PM - 6:00PM	Live Music & Jewelry Show	Free	Poolside					
6:00PM	Movie: "Get Out", R	\$3.00	Theater					
	Friday, February 23, 2018							
11:00AM	Movie: "The Judge", R	\$3.00	Theater					
3:00PM	Blackjack Tournament	Free	Poolside					
6:00PM	Movie: "Dunkirk", PG13	\$3.00	Theater					

# FITNESS CLASSES

Time:	Event:						
Time.							
11.00.43.6	Saturday, February 17, 2018						
11:00AM	Water Exercise						
Monday, February 19, 2018							
9:00AM	Tai Chi Easy						
11:00AM	Water Exercise						
Tuesday, February 20, 2018							
7:30AM	Morning Stretch						
8:00AM	FITennis (Clinic)						
9:00AM	Kokopelli Nature Walk						
11:00AM	Water Exercise						
Wednesday, February 21, 2018							
7:30AM	Mindful Yoga						
9:00AM	Tai Chi Easy						
10:00AM	Pickelball Open Court (no instructor)						
11:00AM	Water Exercise						
	Thursday, February 22, 2018						
8:00AM	Heart & Sole						
11:00AM	Water Exercise						
Friday, February 23, 2018							
7:30AM	Mindful Yoga						
11:00AM	Water Exercise						
ROADRUNNER							
BREAKFAST							

\$6.99 Per person/per day

PURCHASE THE 7-DAY CARD FOR \$35 AND SAVE \$15 PER PERSON <u>MINDFUL YOGA/ALL LEVELS YOGA</u>—Mindful breath and movement allows our connection with self to unfold. *Located In The Fitness Studio* 

<u>WATER EXERCISE</u>—Water class to improve balance, increase strength and core stability. *Located At The Pool* 

**TAI CHI EASY**—A gentle Tai Chi & Qigong practice through movement, breathing and focused awareness. Ending your journey with mindful meditation. *Located At The Labyrinth* 

Pickleball Open Court — Try out the paddle sport that combines tennis, badminton and ping-pong! Pickleball is a competitive paddle sport game created for all ages, skill levels & can be played as doubles or singles. Equipment provided free of charge & accompanied by rules of the game.

<u>CHAKRA/MEDITATION</u>—Visualization, meditation & breathing exercises. *Meet In The Lobby* 

**KOKOPELLI NATURE WALK**—Outdoor walk that utilizes natural surroundings and exercise fitness stations along our 1.1 mile long Kokopelli Trail. *Meet In The Lobby* 

**MORNING STRETCH**—Start the day with a full body stretch to get ready for daily tasks, improve range of motion, posture and mobility by performing energizing stretches. *Located In The Fitness Studio* 

HEART & SOLE—A low impact workout for all fitness levels. This class will improve your cardiovascular endurance, strength and balance. Located In The Fitness Studio

#### Mindful Yoga & Morning Stretch:

- ♦ SCR Owners: Complimentary
- Entertainment Card Holders: Complimentary
  - All others \$5.00 charge for Mindful Yoga & Morning Stretch.



CINEMA

## **Entertainment Card**

All you need is 1 card for everyone!

10% Discount at The Running Water Spa\* exclusions apply Complimentary DVD Rentals Complimentary Movie Tickets @ The Sonoran Theater Access to all Sporting Equipment Access to all Fitness Classes Complimentary Printed Boarding Passes

\*Discount cannot be combined with any other offers or promotions Card must be present for all services & discounts



### FITENNIS

Join us at 8am on February 20 with our USPTA certified tennis professional for 60-min lesson to focus on your tennis fundamentals balanced with fitness exercises. \$30 per person.

registration cutoff Monday, February 19th by 8pm



### Join Angie

In the Labyrinth to practice movement, breathing & focused awareness. See Page 3 for all scheduled classes & times.

This class is intended for all fitness levels.

Pro	stern perty isors	EQU	Featured Villas FOR SALE			Incredible prices on available villas or assistance with the sale of your villa! Contact: Aaron A. Muth, P.C. Phone: 602-320-2811					
Villa #:	Unit Type:	Week:	Date	s:	Price:	Villa #:	Unit Type:	Week:	Dates:		Price:
A -37	2 Bedroom	3	20-Jan /	27-Jan	\$1,200	В-6	Studio	5	4-Feb /	11-Feb	\$1,200
A -5	2 Bedroom	3	20-Jan /	27-Jan	\$1,500	B - 37	Studio	6	11-Feb /	18-Feb	\$1,700
B -24	Studio	4	28-Jan /	4-Feb	\$1,300	В-39	Studio	6	11-Feb /	18-Feb	\$2,000
B - 37	Studio	4	28-Jan /	4-Feb	\$1,200	C -03	3 Bedroom	3	19-Jan /	26-Jan	\$2,500