




THE SPA

— AT —

STONEHEDGE

**THE SPA AT STONEHEDGE** is open daily, including Sundays, from 9:00am – 7:00pm.  
Spa treatments are by appointment only.

**DINE** in our spa from our Spa Lunch menu, available daily from 11am - 5pm.

 denotes Stonehedge signature services

Treatments available as of 4/1/2018  
Menu items are subject to change without notice

For OVERNIGHT SPA PACKAGES visit  
[www.thestonehedgehotel.com/specialoffers](http://www.thestonehedgehotel.com/specialoffers)



# FAQs

## APPOINTMENTS AND ARRIVAL

Please arrive 15 minutes prior to your scheduled appointment to allow yourself time to change and relax before your treatment. Arriving late for your service will result in a shorter treatment time, thus lessening its effectiveness and your pleasure. Your treatment will end at the scheduled time to accommodate the next guest's scheduled appointment. After a treatment, you are welcome to spend additional time unwinding in the spa or pool area.

A service fee is not added to the price of your treatment for small parties. A 20% gratuity for your Spa Therapist will be automatically added to guests receiving three or more spa services or to parties of three or more.

#### WHAT IF I NEED TO CANCEL?

Cancellations must be made at least 24 hours prior to appointment to avoid being charged for your scheduled service.

#### WHAT IF I HAVE HEALTH PROBLEMS?

Please notify the spa receptionist when booking your treatments if you have allergies, are pregnant or are under a doctor's care.

#### CAN GUESTS RECEIVE TREATMENTS TOGETHER?

Due to the cozy size of our rooms, only one person at a time may receive a treatment per room.

#### WHAT SHOULD I WEAR DURING MY TREATMENTS?

Most body treatments are enjoyed without clothing; our therapists use proper draping techniques to keep you comfortable. However, undergarments may be worn if preferred.

#### WHAT ABOUT PAYMENT FOR SPA SERVICES?

We accept cash and major credit cards. If you are an overnight guest, you may also charge spa services to your hotel account with an open credit card.

#### WHAT ABOUT MY JEWELRY AND VALUABLES?

Please remove all jewelry during treatments. The Stonehedge does not assume liability for personal items. We do provide lockers for our spa guests; however, we recommend you leave jewelry and valuables behind.

#### IS THERE A MINIMUM AGE?

No. However, spa guests under the age of 18 must have a legal guardian sign for them.

#### WHAT OTHER AMENITIES DO YOU OFFER?

All spa guests have access to the four-season

hot tub and pool, as well as the steam room and sauna. Please note that all facilities are family friendly and proper bathing attire is required.

**Don't forget to bring your swimsuit!**

#### I DON'T HAVE A MASSAGE APPOINTMENT BUT WOULD LIKE TO USE THE POOL AND FACILITIES.

#### DO YOU OFFER DAY PASSES?

Yes! We now offer day passes. You will have full use of the pool, hot tub, steam room and sauna.

HALF DAY (4 HOURS) \$25 weekday \$35 weekend

FULL DAY (8 HOURS) \$35 weekday \$45 weekend

#### DO YOU OFFER DIFFERENT WEEKDAY PRICING?

Yes, for each treatment listed we offer different pricing for **weekdays** and **weekends**. Holidays falling on a weekday will follow weekend pricing.

Check our website for specials:

[thestonehedgehotel.com/spa](http://thestonehedgehotel.com/spa)

# MASSAGES

Leave your worries behind when you indulge in one of our signature massage treatments. Our massage therapists tailor each session to your needs, leaving you feeling relaxed, refreshed and recharged.



Key to treatment prices: ■ weekend ■ weekday

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## 🌀 HOT STONE MASSAGE

Working in harmony using various massage techniques and warm stones, hot stone massage is an effective treatment to promote deep muscle relaxation. This treatment melts away tension and improves circulation. 75 MIN **\$170** **\$160**

## 🌀 CLASSIC MASSAGE

This is a full body Swedish massage. Soothe your body, mind and spirit with this light-to-medium massage geared toward relieving stress and promoting relaxation.

50 | 80 MIN **\$120** | **170** **\$110** | **160**

~ See our popular massage/facial combo in our Facials section.

## THERAPEUTIC MASSAGE

If your body needs more than a light to medium classic massage, try this deep tissue massage, which utilizes Trigger Point therapy, Neuromuscular Therapy (NMT) and Deep Tissue work to help release holding patterns that can cause injury and pain. 50 | 80 MIN **\$135** | **185** **\$125** | **175**

## EXPRESS TREATMENT

Got a pain in the neck? Or someplace harder to reach? Let our skilled therapists work out your problems areas with this focused 25 minute treatment. Choose one or two areas that need some quick attention and we will have you feeling back to normal in no time! 25 MIN **\$75** **\$70**

## “SEEDLING” MASSAGE

Our pregnancy massage is designed to nurture you. This massage can help relieve your aches and pains and soothe your back and legs during this special time. Our therapists are specially trained to address prenatal issues and avoid specific areas that are contra-indicative to your pregnancy. 50 | 80 MIN **\$120** | **170** **\$110** | **180**

## HEAD, NECK AND BACK

This treatment will ease tension, improve circulation and induce a feeling of relaxation for your head, neck and back.

25 | 50 MIN **\$75** | **120** **\$70** | **110**

# BODY POLISH TREATMENTS

You'll be silky smooth and utterly relaxed after one of our antioxidant-rich body treatments – perfect for special occasions or whenever you need a pick-me-up.



Key to treatment prices: ■ weekend ■ weekday

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## AROMATHERAPY BODY SCRUB

This detoxifying and invigorating aromatherapy sugar scrub treatment will exfoliate and soften your skin while it detoxifies your body. Relax and unwind in a whirlpool bath. For completion of the treatment, we apply hydrating body moisturizer to soften your skin. 50 MIN ~~\$135~~ \$125

## CLASSIC BODY GLOW

Our aromatherapy body scrub paired with our Classic Massage will leave your skin silky smooth and utterly relaxed. 80 MIN ~~\$190~~ \$180

~ Upgrade to a Therapeutic Massage ADD \$15

## LUXURY BACK TREATMENT

Aromatherapy sugar scrub lifts dead skin cells to perfectly polish your back. Aromatic lotion is massaged on the back, neck and arms. Hot stones are used to relax muscles and increase circulation. 50 MIN ~~\$135~~ \$125

~ For the ultimate in relaxation ADD ON the Chardonnay Bubbles hydrotherapy soak 25 MIN ~~\$60~~ \$55

# SKIN CARE

Look and feel your best with one of our rejuvenating, collagen-boosting facials. Can't decide which one is best? Our estheticians can help you choose the ideal facial for your skin type and desired results. All our skin care treatments feature products from the Osmosis Skin Care wellness system, a unique line designed to optimize the skin and body's rejuvenation processes. Using a multi-tiered approach, we analyze the skin and body as a whole to treat skin conditions at their source, restoring beauty and wellness.





Key to treatment prices: ■ weekend ■ weekday

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## CLASSIC FACIAL

Tailored for your skin type, your esthetician will choose products that will refine and pamper your skin. This five-step facial begins with a deep cleansing of the skin followed by an exfoliation treatment, steam, mask and facial massage that will revitalize your complexion leaving your skin soft, toned and naturally beautiful.

50 | 80 MIN **\$120 | 170** **\$110 | 160**

## EXPRESS FACIAL

Short on time and need a quick refresher?

Choose an express 25 MIN version of our

Classic Facial **\$75** **\$70** or Medi-Facial **\$80** **\$75**

## ⌘ MEDI-FACIAL

An exquisite facial that creates substantial increases in collagen and elastin using proven ingredients to achieve remarkable anti-aging results. Your esthetician will use organic and medical grade ingredients which repair the skin while reducing fine lines. Excellent for anti-aging and brightening the complexion. For all skin types, including rosacea.

50 | 80 MIN **\$130 | 180** **\$120 | 170**

## ⌘ THE WORKS REJUVENATING FACIAL

Our most recommended and popular facial. Your personal esthetician will select one of our specialized medi-facials and customize your facial treatment to increase elasticity, produce collagen, and increase skin nutrition. This facial uses deeply penetrating ingredients for anti-aging and skin rejuvenation along with an ultimate eye treatment. As you relax with this elegant facial, you will enjoy hot towels, delicious smells, extra pampering and massage. Excellent for all skin types. 80 MIN **\$190** **\$180**

# SKIN CARE

(continued)



## 🌀 VITAMIN C SKIN BOOSTING FACIAL

Vitamin C combined with medicinal fruit and herbal compounds help boost healthy collagen production and restore antioxidant levels.

Reduce the appearance of sun damage while increasing your skin's elasticity. This is a specialty medi-facial for non-sensitive skin that will brighten your skin leaving you with a radiant, youthful glow. 50 | 80 MIN ~~\$130 | 180~~ \$120 | 170

## 🌀 MASSAGE/FACIAL COMBINATION

One of the spa's most popular treatments! You will receive our stress relieving Swedish massage to release physical and emotional tension, along with our classic facial where your esthetician will choose products to refine and pamper your skin. 80 MIN ~~\$185~~ \$175

## 🌀 GENTLEMAN'S FACIAL

This facial deep cleanses, energizes, tones, and moisturizes using products especially selected for men's skin. You will experience steaming towels and nourishing herbal and medical compounds massaged into the skin to smooth, renew and detoxify, leaving you refreshed and relaxed. We also offer a gentleman's medi-facial to target specific skin conditions and target fine lines and wrinkles. 50 | 80 MIN ~~\$120 | 170~~ \$110 | 160  
~ UPGRADE to a Medi-Facial ~~\$130 | 180~~ \$120 | 170

Key to treatment prices: ■ weekend ■ weekday

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## FACIAL PEEL INFUSION

The facial infusion treats all skin types and generates a 30-day collagen production increase. It is a more effective way to rejuvenate your skin than chemical peels and remodels your skin with no discomfort and will not inflame your skin. Excellent for those that want maximum anti-aging and skin repair. *Sun exposure must be limited for a few days after this facial.* 50 MIN ~~\$145~~ \$135

## BACK FACIAL

Relax with a deep cleansing back facial to detoxify and smooth every inch of your back. Hot towels and a healing, penetrating masque are selected for your skin type. Feel your stress melt away as we finish with a relaxing and rejuvenating neck and back massage. 50 MIN ~~\$140~~ \$130

## FACIAL ENHANCEMENTS

Get even more value from your treatment.

*Available when a full facial is booked.*

*Added into your allotted treatment time.*

**ULTIMATE EYE TREATMENT** Hydrates, plumps, helps reduce wrinkles and firms the skin around the eyes. Eyes appear more dewy, youthful and softened. \$20

**ULTIMATE LIP TREATMENT** Helps reduce fine lines and create full lip appearance while moisturizing, plumping, and smoothing dry chapped lips. \$20

~ Eye and lip treatment together \$34

**DÉCOLLETÉ TREATMENT** Don't stop at the neck line! Skin on the décolleté is highly susceptible to ultraviolet (UV) damage and more likely to show signs of aging, such as sagging, fine lines and wrinkles and uneven pigmentation. Improve the health and appearance of your décolleté with this add-on treatment. \$40

**PEEL INFUSION** This facial infusion treats all skin types and generates a 30 day collagen production increase. Maximum anti-aging and skin repair. *Sun exposure must be limited for a few days after this facial.* \$40

# MASSAGE ENHANCEMENTS

Make your spa treatment even more relaxing and enhance your results. Back and foot scrubs are added into your allotted treatment time.

*(Available when full treatments are booked.)*



Key to treatment prices: ■ weekend ■ weekday

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## SPA REFLEXOLOGY

We help you break the stress cycle by massaging and stimulating reflex areas in the feet that correspond to specific body parts. This popular treatment stimulates healing, helps to release toxins and refreshes your whole system so you leave feeling like you can take on the world again. 25 MIN ~~\$85~~ \$80

~ ADD ON Essential Oil \$10

## BACK SCRUB

An exfoliating back massage that turns your dry, rough skin into vibrant, healthy, smooth skin, which is followed with emollient aromatherapy lotion to soften your skin. \$20

## FACIAL SINUS MASSAGE

A facial sinus massage involves gentle massage and pressure applied with the hands to the skin on the forehead, nose, cheeks and neck. Lotion or oil can be infused with essential oils to open your sinus passages relieving pain, pressure and congestion. Facial sinus massage is great for those who suffer from frequent headaches, stress or sinus congestion. 25 MIN ~~\$85~~ \$80

## FOOT SCRUB

An exfoliating massage of the feet finished with our foot softening aromatherapy lotion. Helps to get rid of rough dry skin and calluses, leaving your feet smooth and healthy. \$10

## CHARDONNAY BUBBLES

This relaxing treatment starts with a hydrotherapy soak in our antioxidant-rich chardonnay bubble bath. This bubble bath has a bouquet of pomegranate, antioxidant French chardonnay grape seed extract, aloe vera and other botanical extracts. Following your soak, you'll enjoy an application of our aromatic chardonnay body moisturizer. This treatment is very effective for those who suffer from dry skin, especially during the winter months. 25 MIN ~~\$60~~ \$55

# SPA PACKAGES

Whether you want to treat yourself, someone special or a group of friends, we have a spa package for you. Information on overnight spa packages can be found on our website at [TheStonehedgeHotel.com/SpecialOffers](https://TheStonehedgeHotel.com/SpecialOffers). Don't see what you're looking for? We'll be happy to work with you to create a customized spa package that fits your needs.




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## LUXURY SPA DAY

Treat yourself to a day of pampering.


- Aromatherapy Body Scrub
-  Hot Stone Massage
- Deluxe 80-minute Vitamin C Facial
- Spa Lunch

3.75 HOURS OF TREATMENTS

PER PERSON ~~\$460~~ \$430

## CIRCLE OF FRIENDS

Perfect for you and your “circle of friends,” this is a great way to celebrate friendship. Package for your group of four or more.




-  Classic Massage
- Mini-Facial
- Spa Lunch

1.5 HOURS OF TREATMENTS

PER PERSON ~~\$205~~ \$190

## JUST FOR TWO

Come with your spouse, partner, mother, daughter or your best friend. Make it a special day “just for two.” *Note: Treatments held in separate rooms*

-  Classic Massage
- Aromatherapy Body Scrub
-  Classic Facial or  Gentlemen’s Facial
- Spa Lunch

PER PERSON ~~\$360~~ \$330

**CHOICE PACKAGE** Choose two or more full treatments and receive 10 percent off. *Note: Treatments must be booked for the same person and completed on the same day.*



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