



The Atlantic Body Buff

An excellent treatment for both men and women, an invigorating full body exfoliation eliminates dead skin cells and prepares the skin to absorb minerals. The exfoliate is then soaked in the sea which are high in minerals and nourishing to the skin. Moisturizing is optional.

Treatment \$100

Reservations

Spa services are available by appointment on a daily basis. Frangipani concierge is happy to assist in checking availability and securing a massage time. Cash, credit card, room charge and gift certificates are all accepted. Same day requests are welcome.

Cancellations

If you must cancel, please honor our five (5) hour advance notice cancellation policy. Cancellations made less than 24 hours will be subject to a 50% cancellation fee.

Clothing

Bath robes are provided. During treatments, our therapists are trained to drape you appropriately for your modesty.

Gratuities

In appreciation of exceptional service, gratuities are welcome.

Hours of Service

Monday – Sunday
10:00 AM – 6:00 PM

All prices are listed in US Dollars

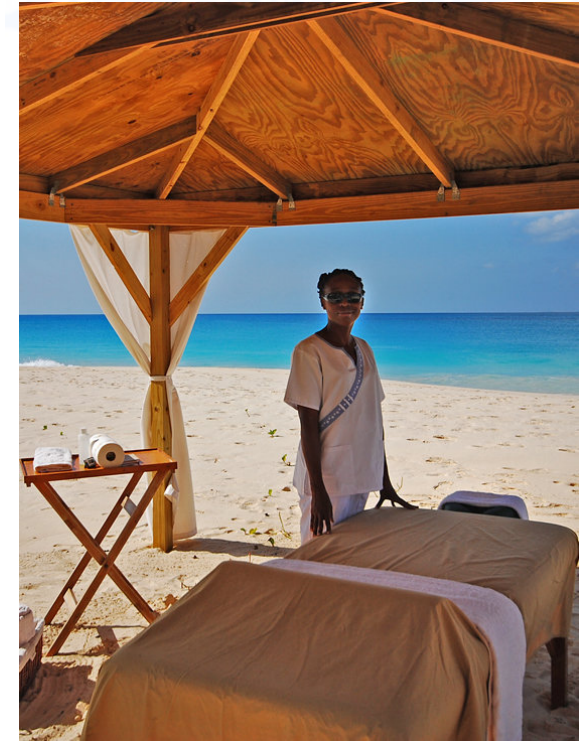


Thank you for relaxing with us.

Frangipani Beach Resort
Meads Bay, Anguilla
British West Indies

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Malakh Day Spa at the Frangipani Beach Resort





Hear the murmur of the waves from the sea and the sound of your 'ahh.' Your every desire is not only satisfied but also anticipated.

The serene Caribbean setting nourishes both mind and body.

We offer an enticing array of spa services practiced by accomplished professionals. Our friendly and knowledgeable staff will be pleased to assist in personalizing treatment selection.

Relax and rejuvenate in complete privacy, in your room or under a gazebo on the beach steps away from the ocean.

The Power of Massage

Massage goes back as far as the existence of man. It is the oldest form of medical treatment and has been used throughout history by all cultures.

Ancient Chinese, Indian and Egyptian manuscripts refer to the use of massage to prevent and cure diseases and heal injuries.

Massage has profound effects on health. It improves circulation, relaxes muscles, aids digestion and in stimulating the lymphatic systems, speeds up the elimination of waste products. These direct benefits produce a marvelous feeling of well-being that cannot be matched.

Aromatherapy

The value of essential oil extracted from plants is historic. The therapeutic benefits are well documented in medicinal texts. Select aromatic oils are applied with gentle strokes to ease persistent conditions and promote a sense of free flowing calm and wellness.

60 Minutes \$110 90 Minutes \$150

Asian Massage

A meditative massage combining Hindu, Chinese & European techniques for a rhythmic, relaxing and energizing experience.

60 Minutes \$120 90 Minutes \$150

Reflexology

This therapy focuses on stimulating reflex points on the feet to maintain good health. By applying pressure to these points it relaxes and balances the body and helps treat a range of disorders.

60 Minutes \$100 90 Minutes \$140

Hand Reflexology

Reflexology principles focused on the hands. The hands' reflex points are deeper and less sensitive than those on the feet, providing a relaxing experience.

60 Minutes \$70 90 Minutes \$100

Swedish Massage

This therapeutic massage uses sweeping strokes with firm but gentle pressure. The entire body is treated including the face and feet. Tension is subtly eased from tired muscles while lymphatic and circulatory flow is enhanced.

60 Minutes \$120 90 Minutes \$160

Deep Tissue Massage

A medical massage technique that focuses on soft tissues which lie below the superficial layers of muscle. This promotes a deep relaxing sense of muscular relief.

60 Minutes \$130 90 Minutes \$180

Sports Massage

A gentle yet powerful manipulation of the muscular system. Stretching and loosening muscles alleviate muscle fatigue and accelerate recovery.

60 Minutes \$100 90 Minutes \$150

Couples Massage

Nestled side by side in a serene setting while enjoying one of the following treatments listed below:

Couples Swedish Massage

This therapeutic massage uses sweeping strokes with firm but gentle pressure. The entire body is treated including face and feet.

60 Minutes \$240 90 Minutes \$300

Couples Deep Tissue Massage

A medical massage technique that focuses on soft tissues which lie below the superficial layers of muscle

60 Minutes \$260 90 Minutes \$340

Spinal Touch

This quick and effective light touch technique promotes a free flow of energy through the muscles, bones and joints. A pattern of touch points covering the spine, shoulders and head are gently stimulated, releasing blockage in the spine and supporting organs and muscles. Effects include allowing body to realign with center of gravity at the sacrum.

Treatment \$80

