



# THAI PATUM MASSAGE & SPA

BEST WESTERN PREMIER HOTEL SLON





**A Thai massage is a perfect way for your body & mind to escape the daily hustle and stress.**

Opening hours: 10am - 10pm.

**1. Traditional Thai Massage**

|        |      |
|--------|------|
| 50 min | 55 € |
| 80 min | 66 € |

**2. Thai Massage with Aromatic Oils**

|        |      |
|--------|------|
| 50 min | 55 € |
| 80 min | 66 € |

**3. Thai Massage with Aloe Vera**

|        |      |
|--------|------|
| 50 min | 62 € |
| 80 min | 82 € |

**4. Thai Massage with Organic Macadamia Oil**

|        |      |
|--------|------|
| 50 min | 62 € |
| 80 min | 82 € |

**5. Back Massage**

|        |      |
|--------|------|
| 30 min | 39 € |
| 50 min | 55 € |

**6. Mother - to - be Prenatal Massage**

|        |      |
|--------|------|
| 30 min | 40 € |
| 50 min | 57 € |

**7. Chocolate massage**

|        |      |
|--------|------|
| 50 min | 62 € |
| 80 min | 82 € |

**8. Combination - Traditional Thai & Oils**

|        |      |
|--------|------|
| 80 min | 87 € |
|--------|------|

**9. Reflexology Foot Massage**

|        |      |
|--------|------|
| 30 min | 38 € |
| 45 min | 58 € |

Reservation should be made at least two hours in advance and is subjected to availability. Please give us 3 hours' notice before cancelling your appointment or you may be charged full amount of the service. Prices include tax and service charge. Gratuity for exemplary service is discretionary.





# What is Thai massage?

Thai massage is believed to have been developed by Jivaka Kumar Bhaccha, more than 2,500 years ago in India.

It made its way to Thailand, where the Ayurvedic techniques and principles gradually became influenced by traditional Chinese medicine. For centuries, Thai massage was performed by monks as one component of Thai medicine.

## What does Thai massage feel like?

Thai massage is more energizing and rigorous than more classic forms of massage.

Thai massage is also called Thai yoga massage, because the therapist uses his or her hands, knees, legs, and feet to move you into a series of yoga-like stretches. Many people say Thai massage is like doing yoga without any work.

Muscle compression, joint mobilization, and acupressure are also used during treatment.

People describe Thai massage as both relaxing and energizing.





## Traditional Thai

This unique and complete system of Yoga therapy combines rhythmic massage, acupressure, gentle twisting, deep stretching and meditation.

## Combination Traditional Thai & Oil

The Combination Traditional Thai & Oil Massage is a combination of Traditional Thai and Oil massages that eases away anxieties and tension. The touching of pressure points and the long stroke technique with organic oil is designed to meet your individual needs, bringing your body and mind into perfect equilibrium.



## **Reservations:**

**Reception:** call 133 or book online using hotel AppRESORTS.

**Opening hours from** 10:00am – 10:00pm

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**THAI PATUM**  
MASSAGE & SPA

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HOTEL SLON**

Slovenska cesta 34

1000 Ljubljana

Slovenia

T: +386 (0)1 470 11 00

E: [reception@hotelslon.com](mailto:reception@hotelslon.com)

[www.hotelslon.com](http://www.hotelslon.com)