

# Reflect

inside  
**CAMBRIA**  
hotels & suites.

**Bistro**  
**MODERN**  
**DIVERSE**  
**COOKERY**



## Introductions

**CHESAPEAKE OYSTERS**  
½ doz. \$14 1 doz. \$28  
Oysters on the half shell,  
cocktail & horseradish sauces, lemons

**CITRUS SHRIMP SCAMPI**  
Six jumbo shrimp, orange and lime zest,  
garlic, butter, white wine \$15

**SMOKED WHITEFISH PÂTÉ**  
Lox, capers, pickled onions,  
French bread \$14

**HOT CRAB DIP**  
Lump crab meat, cream cheese,  
roasted tomatoes, pita chips \$14

**CALAMARI**  
Flash-fried, diced plums,  
almonds, chili lime sauce,  
vegetable, cilantro \$13

**MAUI STYLE SHRIMP TACOS**  
Gently-fried rock shrimp with  
lemon ginger kimchi, pineapple cream,  
toasted coconut in a flour tortilla \$13

**CHEESE AND CHARCUTERIE**  
Cheese, prosciutto, garnishes \$17

**BONELESS WINGS**  
Sesame hoisin  
Buffalo  
Cherry barbecue  
Honey mustard \$11

**TEMPURA BRUSSEL SPROUTS**  
Spicy dipping sauce \$11

**MUSHROOM ENCRUSTED  
TENDERLOIN MEATBALLS**  
Pomodoro sauce, mozzarella,  
onion bread \$12

**TEQUILA AND LIME  
CHICKEN QUESADILLA**  
Smoked tomato cream \$11

**FLAT BREAD PIZZA**  
Pomodoro sauce caramelized onions,  
wild mushrooms, roast garlic,  
mozzarella cheese \$10

## Soups

**MAINE LOBSTER BISQUE**  
Rich & creamy, 4 oz. lobster tail \$16

**TRAVERSE ONION**  
Loaded with onions, hint of apple  
topped with pumpernickel croutons,  
melted Provolone \$13

**CREAMY ACORN SQUASH SOUP**  
Topped with toasted hazelnuts \$12

## Entrées

*Add house salad to any entrée: \$5*

**GREAT LAKES TRIO**  
Panko walleye, whitefish, smelt,  
basil emulsion, pasta and legume  
blend, artichokes, spinach \$26

**RAINBOW TROUT WITH  
CRABMEAT STUFFING**  
Lemon caper butter, roasted tomato  
and chive risotto, brussel sprouts \$28

**LAKE HURON  
YELLOW PERCH**  
Old Bay tartar, raspberry slaw,  
acorn squash risotto \$26

**WEST BAY PORK CHOP**  
Topped with sage butter, served with  
mushroom braised barley and  
roasted brussel sprouts \$24

**CENTER-CUT  
FILET MIGNON**  
6 oz. filet, béarnaise sauce,  
mushroom barley, fried prosciutto strips,  
roasted brussel sprouts, onion hay \$29  
*Extras:*  
6 oz. crabcake \$14 4 oz. lobster \$14  
4 sea scallops \$16 4 jumbo shrimp \$14

**SEAFOOD POT PIE**  
Lobster, scallops, shrimp, vegetables  
in a lobster cream sauce and served  
in a puff pastry shell \$27

**FIG AND MAPLE  
GLAZED SALMON**  
Acorn squash risotto, gold beet puree,  
roasted brussel sprouts \$26

**ROCK SHRIMP AND  
ARTICHOKE LINGUINE**  
Sautéed in compound butter with  
pomodoro sauce, garlic linguine,  
Reggiano Parmesan \$19

**18 OZ. BONE-IN  
COWBOY RIBEYE**  
Mushroom braised barley,  
roasted brussel sprouts, onion hay \$38



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255 Munson Ave (US-31)  
Traverse City, MI 49686  
[www.reflectbistro.com](http://www.reflectbistro.com)

## Greens

**CAPRESE**  
Beefsteak tomatoes, buffalo mozzarella,  
balsamic reduction, basil pesto \$10

**APPLE BEET**  
Spinach, roasted beets, goat cheese,  
apples, almonds, cider vinaigrette \$11

**CAMBRIA CAESAR SALAD**  
Romaine, parmesan, diced tomatoes,  
pumpkin croutons \$11

**EAST BAY CHERRY SALAD**  
Mixed greens, gorgonzola, sun-dried  
cherries, apples, candied walnuts,  
maple raspberry dressing \$12

**BLEU CHEESE WEDGE SALAD**  
Parmesan cheese shell, with bleu  
cheese, bacon and charred romaine \$15

*Extras:*  
6 oz. filet \$12 chicken \$8  
shrimp \$9 salmon \$9

## Sandwiches

*Served with salt & pepper chips.  
Add fries for \$4*

**REFLECT REUBEN**  
Corned beef, swiss, Russian dressing,  
Granny Smith-kraut, toasted rye \$15

**GRILLED TURKEY  
AND ASPARAGUS**  
Sourdough with lemon pepper mayo,  
alfalfa sprouts and smoked gouda \$14

**MARYLAND CRAB CAKE  
SANDWICH**  
Cheddar cheese, sliced tomato, spring  
mix, Old Bay, English muffin \$16

**REFLECT CLUB MELT**  
Grilled multigrain bread, cheddar  
cheese, ham, turkey, bacon, spring  
mix, tomato, garlic mayo. \$14

**CANADIAN CHICKEN  
SANDWICH**  
Marinated chicken breast,  
Canadian bacon, provolone,  
pommeray mustard mayo \$15

**KEY WEST SHRIMP WRAP**  
Celery, onions, hint of lime, Old Bay  
Dressing, spring mix, tomatoes,  
whole wheat lawash wrap \$16

## Burgers

*Served with salt & pepper chips.  
Add fries for \$4*

**CAMBRIA BURGER**  
Half pound beef patty with cheddar  
cheese, lettuce, onion, tomato \$13

**LOADED PATTY MELT**  
Wild mushrooms, bacon, swiss,  
garlic mayonnaise, caramelized  
onions, toasted rye \$16

**BREAKFAST BURGER**  
Cheddar cheese, bacon, fried egg,  
English Muffin \$16

Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

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