

# M I S T

RESTAURANT AND LOUNGE

LUNCH

## STARTERS

- House-Made Crab Cakes** ..... 13  
house-made crab cakes, sweet onion, red bell peppers,  
fresh herbs, lemon with chipotle aioli
- Calamari** ..... 12  
buttermilk fried calamari, lemon with chipotle aioli
- Garlic Butter Shrimp** ..... 15  
sautéed with garlic, white wine, lemon juice, fresh  
parsley, butter
- Seasonal Tempura Vegetables** ..... 12  
deep fried vegetables with house dipping sauce

## COAST FAVORITES

### Fish & Chips

beer battered fish, served with cole slaw, fries,  
lemon with tartar sauce  
22 Halibut / 15 Cod

### Fish Tacos

fried fish, pico de gallo, cabbage,  
chipotle aioli on corn tortillas  
20 Halibut / 13 Cod

## SOUP

- Soup of the Day** ..... 4 Cup / 6 Bowl
- MIST Clam Chowder** ..... 5 Cup / 8 Bowl  
bacon, celery, onion  
12 Bread Bowl

## SALADS

- add your choice of protein  
chicken 6 / salmon or steak 10*
- MIST Greens** ..... 8  
field greens, spinach, carrots, cucumbers, tomatoes,  
with raspberry vinaigrette
  - Grilled Caesar Salad** ..... 8  
romaine lettuce, parmesan, lemon zest,  
bread crumbs
  - Walnut & Pear Salad** ..... 15  
jamaican jerk chicken, red onion, tomatoes,  
pears, candied walnuts, goat cheese with caribbean  
mango vinaigrette
  - Grilled Seafood Salad** ..... 12  
mixed greens, lemon vinaigrette, calamari,  
shrimp, scallop

## SANDWICHES & BURGERS

*choice of house-made potato chips, fries or cole slaw*

- Club Sandwich** ..... 15  
honey ham, roasted turkey, bacon, lettuce, tomato, onion, roasted garlic mustard mayo on sourdough
- Prime Rib Dip\*** ..... 14  
shaved prime rib, swiss cheese, au jus on ciabatta
- Crab Melt** ..... 16  
red crab, mayo, bell pepper, onion, swiss, sourdough
- Classic MIST Burger\*** ..... 10  
flamed broiled kobe beef blend, lettuce, tomato, onion, pickles



\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.