

the lighter side

deli sandwiches

all deli sandwiches come with your choice of fries, soup of the day or house salad. choose between rye, whole wheat or white bread. includes: creamy mayonnaise, lettuce 11

black forest ham and cheddar cheese

egg salad | chicken salad

ask your server for alternate toppings or sauces.

asian lettuce wraps

fresh iceberg lettuce, asian noodles in a sesame thai sauce with chicken, chili cashews, chives, shredded carrot, red and green peppers 12

quesadilla


crispy flour tortilla stuffed with our three cheese blend, black olives, fresh tomatoes, green onions, jalapeño peppers and topped with salsa and sour cream 11

add to your quesadilla: grilled chicken 5 | taco beef 5

salads

all salads are accentuated with garlic toast

mediterranean

crispy romaine lettuce, tomato, cucumber, red pepper, green pepper, red onion, kalamata olives and tangy goat cheese mixed with Kraft Herb Vinaigrette  14

echo chicken caesar

romaine lettuce tossed in caesar dressing with lemon garlic croutons parmesan cheese and crispy bacon bits. topped with seasoned grilled chicken breast 15

california salad


romaine lettuce, strawberries, kiwi, and mandarin slices tossed with our honey dill dressing and topped with toasted almond slices  14

add a grilled chicken breast for 5


echo is proud to use  products

signature flatbreads


italian

genoa salami, chorizo sausage, tomato sauce, roasted red peppers, mozzarella, parmesan and fresh herbs  14

bbq chicken

tangy bbq sauce, seasoned chicken pieces, green onions, bacon and mozzarella cheese, parmesan and herbs  14

echo deluxe

pepperoni, canadian back bacon, mushrooms, mixed peppers, onions and our three cheese blend, parmesan and herbs  14

margarita

tomato sauce, mozzarella & goat cheese, tomato, and chiffonade basil, parmesan and herbs  14

upgrade any flatbread to a 12" thin pizza for 2

echo favourites

favourites are accompanied by golden fries, soup or house salad. substitute sweet potato fries 0.99

tempura beer battered cod

crispy tempura beer battered cod, breaded to order served with coleslaw, fries and tangy tartar sauce 14


philly melt

open faced piled high with shaved roast beef, on garlic toast with red & green peppers, mushrooms, onions, topped with swiss cheese 14

club house sandwich

a triple decker sandwich with black forest ham, roast turkey, fresh tomato, crispy lettuce, creamy mayonnaise, bacon and cheddar cheese 14

echo extreme steak sandwich

2 - 3oz steak medallions with crispy panko breaded onion rings  18

certified angus beef® brand burger


certified angus beef® brand burger, lettuce, tomato, red onion and mayonnaise, served on a pretzel bun  14

add cheese 2 | add cheese & bacon 3

smoked turkey panini

smoked turkey, roasted red pepper, cranberry aioli, gouda cheese and marble rye 12

bacon gouda burger

certified angus beef® brand burger topped with house made honey barbeque sauce, bacon and smoked gouda cheese, lettuce, tomato and red onion on a crispy french onion kaiser  15

the echo reuben

sliced corned beef, provolone cheese, wine sauerkraut, hot banana pepper rings, 1000 island dressing, on marble rye, garnished with a dill pickle wedge 14

thai chili chicken wrap

thai chili chicken tenders mixed with crispy wontons served in a flour tortilla shell with shredded lettuce, green onions, sesame seeds and a three cheese blend 12

turkey bacon wrap

cranberry aioli, lettuce, turkey, bacon and tomato wrapped with gouda cheese in a warm flour tortilla 12

prime rib sandwich

slow roasted prime rib on grilled garlic bread, brushed with bbq sauce, topped with sautéed mushrooms and onions  17

add crispy fried banana peppers for 1 | add cheese 2

pastas

pastas are served with garlic toast. available until 4pm

chipotle chicken penne alfredo

penne noodles and grilled chicken, tossed with spicy chipotle alfredo, fire roasted red peppers and button mushrooms 14

spicy chorizo penne

chorizo sausage, savory peppers and onions in our cajun spiced tomato sauce. sautéed to perfection with penne noodles. mild, medium or hot 14

add chicken 5 | add shrimp 5

grilled chicken stir-fry

grilled chicken sautéed with a stir-fry vegetable medley, tossed in a teriyaki sauce and served over chow mein noodles 16