



HOPE TOWN
HARBOUR LODGE
N. BOW CAY - ABACO BAHAMAS

HOPE TOWN HARBOUR LODGE

Lunch Menu at The Reef

Served 11.30am to 3:00pm – each day

APPETIZERS

Conch Chowder..... **Cup 8** **Bowl 10**

Ms. Fernanda’s special recipe for a testament to Chowder – served with a splash of Sherry and a dinner roll - So zesty, red and full of Conch that you’ll want a second bowl!

Soup of The Day ..(ask your server)..... **Cup 8** **Bowl 10**

Fish Fingers..... **14**

Our Catch of the Day – Classic Battered-Fish - served with Tartar sauce.

Conch Fritters..... **Half Dozen 6** **Dozen 12**

Classic Bahamian Conch Fritters!

Chicken Wings..... **12**

Chicken Wings served with Blue Cheese and Celery.

Humus and Chips (our own recipe...delicious) **6**

SALADS

The Reef Salad..... **14**

Mixed greens, local fresh tomato, fresh bell pepper, chopped onion cucumber, arugula and your choice of Sweet Balsamic Vinaigrette, Honey Mustard Vinaigrette or our Lemon & Poppy Seed Dressing.

Classic Caesar Salad..... **12**

Romaine lettuce, homemade croutons, parmesan cheese served with our own classic Caesar dressing.

Add our Catch of the Day or Chicken (grilled, fried or blackened) to Reef Salad or Caesar Salad for an additional \$10.00

Classic Salade “Nicoise” **22**

Romaine Lettuce, Tomato, New Boiled Potatoes, French Green Beans, Chunks of white Albacore Tuna, Boiled eggs, anchovies (on the side.) Served with our homemade French Vinaigrette.

Salad Danielle..... **18**

Diced curried walnut chicken with Island pineapple pieces and shrimp served with.....
Major Grey’s mango chutney.

Oriental Chicken Salad..... **22**

Sesame grilled chicken breast, micro greens, water chestnuts, mandarin orange, fried rice noodles. Served with a sesame oriental dressing.

SANDWICHES, WRAPS and PLATES

HTHL Catch of the day **17**

Our special herb blend Fish Burger served blackened or grilled on a Bahamian Bun with Romaine Lettuce, Tomato, Red Onion and our Creamy Tartar Sauce served with French Fries & Cole slaw.

Conch Burger..... **16**

Tender pieces of conch battered and flash fried served with French Fries and Cole Slaw.

Tuna Burger **22**

Grilled or Blackened Yellow Fin Tuna served with Lettuce and Tomato on a fresh Bahamian Roll with French Fries.

Chicken Burger **15**

Tender grilled chicken breast served with Lettuce and Tomato on a fresh Bahamian Roll with French Fries.

All prices are EXCLUSIVE of a 7.5% VAT Tax



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ELBOW CAY - ABACO BAHAMAS

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Beef Burger	15
Angus Beef Burger grilled to your preference, topped with Lettuce, Tomato and Onion on a fresh Bahamian Bun served with French Fries. Add cheese or bacon for \$2.00 each.	
Classic BLT	12
Bacon, Lettuce, Tomato and Mayonnaise on toasted Bahamian White Club Bread. Served with French Fries.	
Turkey & Brie Sandwich	14
On a ciabatta bun, and our cranberry relish, served with French Fries.	
Crack Conch	17
Crack Conch served with French Fries and Cole Slaw. Garnish with Lime.	
Bahamian Chicken-in-a-Bag	12
Fried chicken served in a bag with French Fries smothered in Ketchup and Tabasco Sauce.	
Conch-in-a-Bag	14
Cracked conch served in a bag with French Fries smothered in Ketchup and Tabasco Sauce.	
HTHL Hot Dog	14
Jumbo wiener stuffed with cheddar cheese and wrapped in bacon - deep fried served in a sesame seed roll with French Fries. (This is delicious!)	
Wrap of the Day Mrs. Fernander’s daily creation served with French fries or small side salad.....	14
Panini of the Day Mrs. Fernander’s daily creation served with French fries or small side salad.....	16
FOR KIDS ONLY (2 – 12)	
Fish Fingers	12
Classic Fish Fingers served with Tarter Sauce and French Fries.	
Chicken Fingers	9
Classic Chicken Fingers served with a mustard sauce and French Fries	
Grilled Cheese	8
Classic Grilled Cheddar Cheese Sandwich served with French Fries.	
Mac & Cheese	6
Junior Hot Dog	6
Served with French Fries	
LUNCH SIDE ORDERS	
French Fries.....	3
Coleslaw with pineapple chunks.....	3
Peas n’ Rice.....	4
Mac n’ Cheese	5
LUNCH DESSERTS	
Assorted Ice Creams (2 scoops) ask your server for flavors.....	5
Decorate with Sprinkles or M & M’s or Oreo cookie pieces.....	1
Key Lime Pie	6
Rum Cake (locally made).....	7

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