



# ELEVATIONSPA

TAKING YOUR SENSES TO NEW HEIGHTS



MASSAGE \* FACIALS \* BODY WRAPS \* POOL \* HOT TUBS \* FITNESS CENTER  
OPEN YEAR-ROUND \* 7 DAYS A WEEK

ELEVATIONSPA.COM \* 970.251.3500 \* 500 GOTHIC ROAD, MT. CRESTED BUTTE, CO

# TREAT YOURSELF

to the ultimate resort spa experience in our 11,000 square foot facility located conveniently in the Elevation Hotel and Spa. Whether your aim is to relax, feel more beautiful, or detoxify, the Elevation Spa's treatments will help you achieve your personal wellness goals.

All of our therapists are experts in their trade and will customize your treatment according to your physical and emotional needs on that day. Extensive thought and research was undertaken in choosing the products we use at Elevation Spa: they contain the best natural and organic ingredients to help produce actual results.



## ELEVATIONSPA

### AMENITIES INCLUDED WITH ALL SPA TREATMENTS ARE:

Fitness center, 3 tranquility rooms, steam, sauna, pool, hot tub, robes, etc. all to enhance your visit.

### GIFT CERTIFICATES, CORPORATE & GROUP PACKAGES

We offer gift certificates in dollar increments, personalized services or packages. Customized Corporate/Group packages are available.

### SCHEDULING

Our spa concierge are available 7 days a week to assist you in planning your spa outing. Please arrive at least 20 minutes prior to your first scheduled appointment, allowing for time to leisurely change in to a cozy robe and enjoy a few moments in one of our three tranquility rooms before your spa experience. Service times may be shortened to accommodate late arrivals.

### CANCELLATION POLICY

Credit card details are required at the time of booking to guarantee your appointment. You are respectfully advised that the full treatment costs will be incurred if less than 24 hours notice is given of an appointment cancellation or postponement. You must speak to a live spa operator in order to cancel a spa appointment.

### HEALTH CONSIDERATIONS

We encourage you to disclose any pertinent health conditions that may affect your spa experience. If pregnant, please inform our spa concierge when making your reservation.

### SPA ATTIRE

A locker key, robe and sandals are provided for spa guests during their visit; however, valuable items should not be brought to the spa. We maintain a strict draping policy for your privacy; undergarments may be worn during your spa service if it increases your comfort level. Please note that pools and hot tubs require a bathing suit.

### GRATUITIES

Gratuities are not included in the price of services. For your convenience, we can add an industry standard 15% - 20% gratuity to the price of all services at your request. You may choose to leave another amount or not to leave a gratuity at all. Any gratuities are greatly appreciated.

### PARKING

Complimentary Valet Parking at Elevation Hotel is included with the purchase of a spa treatment.



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# MASSAGE



## FULL BODY

Our Certified Therapist will give you a full body massage using oil and firm strokes.

50 Min \$115    80 Min \$170  
110 Min \$225

## SWEDISH

Classic techniques are utilized to deliver a therapeutic, soft tissue massage. A firm but gentle pressure is used to ease muscle tension and provide deep relaxation. Feel soreness and fatigue melt away.

50 Min \$125    80 Min \$180  
110 Min \$235

## DEEP TISSUE

For people experiencing chronic pain or just like a deeper massage. Trigger points are manipulated to release tension, restoring muscle integrity and overall body balance.

50 Min \$125    80 Min \$180  
110 Min \$245

## TRAVELER'S BACK & NECK

For those who don't have time for a full body massage. This treatment focuses on the upper body where stress and tension tend to accumulate.

25 Min \$70 (Deep Tissue add \$10)

## ELEVATION SIGNATURE

Aimed to help relax your body and mind while hydrating your skin. Our therapist uses a variety of techniques to deliver a custom massage. During this massage enjoy a skin nurturing lotion and oil combination to relieve even the driest skin.

50 Min \$135    80 Min \$190  
110 Min \$245

## HOT STONE

Hot stone therapy uses deep penetrating heat with smooth heated stones. The heat of the stones and their healing energy sinks into the body affecting the deeper muscles.

50 Min \$135    80 Min \$190  
110 Min \$245 (Deep Tissue add \$10)

## ULTIMATE RELAXATION

We combine the power of Swedish and deep tissue massage, reflexology and acupressure using a stress relief aroma oil which is infused with lavender and sage.

50 Min \$135    80 Min \$190  
110 Min \$245

## SPORTS

Using a combination of muscle flushing strokes and light stretching techniques with our popular sports oil, we reduce lactic acids and toxins helping you spend more time enjoying activities on the mountain.

50 Min \$125    80 Min \$180  
110 Min \$245

## BLENDED

Combine a Swedish massage with concentrated deep tissue manipulation. A full range of massage techniques are used to create relaxation, soothe your muscles, and increase circulation.

50 Min \$135    80 Min \$190  
110 Min \$245

## HIGH ALTITUDE

For those adjusting from sea level or suffering from high altitude symptoms (shortness of breath, headache, nausea), this aroma-massage treatment uses therapeutic essential oils that help promote respiration, relax the body, calm the nerves and soothe your headaches.

50 Min \$135    80 Min \$190  
110 Min \$245

## SKIER'S PERFORMANCE WITH BIOFREEZE

During the winter season this exclusive experience is used to help you improve your ski performance. A combination of massage and stretching will decrease muscle soreness and increase flexibility in the muscles. This treatment also aids in a rapid recovery so you can get back on the slopes. This is a must treatment for anyone who is planning multiple days on the slopes.

50 Min \$135    80 Min \$190  
110 Min \$245

## COUPLES RETREAT

Whether you are here with your significant other or your best friend our side-by-side massage is the perfect retreat.

## RELAXATION DEEP TISSUE HOT STONE

50 Min \$250    80 Min \$360  
50 Min \$270    80 Min \$380  
50 Min \$290    80 Min \$400

\* Prices are for  
two people

# MASSAGE

## AROMATHERAPY

A soothing massage using long, flowing strokes to promote circulation, relaxation and wellness with the benefits of unique essential oils.

50 Min \$135    80 Min \$190  
110 Min \$245

### Choose One:

**Mood Rescue** - A complex blend of oils that lift your mood and re-balance your soul, naturally stimulating the clarity we all seek.

**Detox** - Stimulates diuretic functions and eliminates harmful body toxins assisting in a healthy body balance.

## HAND, FOOT AND SCALP

This spa trio features medium-to-firm pressure massage of the hands, feet, neck and scalp. This treatment can be performed fully clothed; it will reduce tension and improve circulation.

50 Min \$140

## PRENATAL

(Advanced Notice Requested)

A massage designed to target those areas most affected by pregnancy. Special techniques and a non-scented massage lotion are used to relieve headaches, sinus congestion, backaches, leg cramps and sciatic pain.

50 Min \$135    80 Min \$190

## REJUVENATING HOT OIL SCALP

Close your eyes, and give your brain a rest. A unique oil blend and stimulating massage helps encourage circulation and balance in the scalp to promote healthy hair and address dryness. Complemented with a stress-melting neck and shoulder massage, we are sure you will leave with an overall sense of peace.

25 Min \$80

## ELEVATE YOUR MASSAGE

### Eucalyptus Warm Foot Treatment

Enjoy the sublime feeling of hot towels and a luxurious foot massage using a combination of natural pumice, eucalyptus, and mint hydrating lotions. Your feet will be nourished and exfoliated to perfection.

### Fresh Citrus Hand Treatment

Pamper your hands with this magnificent treatment. Our luscious, creamy citrus scrub exfoliates the roughest hands, while our heavenly citrus balm heals your skin. You will leave with supple, hydrated hands.

### Relaxing Scalp Massage

Unwind to the most peaceful state. Essential oils are massaged into your temples to assist in aromatic tranquility, while specific pressure points and massage strokes are used on the head, neck, and shoulders to release energy, leaving you with a sense of calm.

Services are offered for an additional \$25 and must be combined with a massage.



# FACIALS

## EUROPEAN

This introductory facial includes a preliminary cleansing, followed by a gentle exfoliation with steam. You are treated to a relaxing massage of the face and neck, with a skin-perfecting mask. A hydrating moisturizer finishes the treatment.

50 Min \$135

## SENSITIVE SKIN

An intensive care facial to calm, soothe and reduce the redness of irritated, blotchy skin. It decongests and moisturizes tissue, regenerates and heals sensitive, reactive skin. Even the most fragile skin types benefit from this soothing procedure.

50 Min \$145

## AGE-PROTECTION

This treatment contains essential nutrients to restore your skin's ability to retain natural moisture. It reduces fine lines, strengthens skin's elasticity and restores a youthful appearance.

50 Min \$145

## CLEAR SKIN OR TEEN

Whether you have oily skin or acne, our correcting facial uses antiseptic and exfoliating properties to reduce breakouts and inflammation, leaving your skin perfectly clean and fresh.

50 Min \$145

## BRIGHT SKIN

Licorice root and stonecrop help even skin tone.

Whether you suffer from acne, sunspots, or brown spots, this facial will help decrease hyperpigmentation, leaving you with a more even skin tone.

50 Min \$145

## GENTLEMAN'S

Enjoy a facial designed especially for men with focus on toning and massaging the face, temples and jaw to exfoliate the skin and stimulate the production of collagen and elastin. As the mask takes effect enjoy a scalp treatment and soothing foot massage. Resulting in skin that is firmer and more evenly refined.

50 Min \$155



## SIGNATURE FACIALS

### ELEVATION SIGNATURE

Dedicated to giving you the most beautiful complexion and skin tone. A customized facial tailored to address your individual skincare needs, enhanced with specific eye and lip treatments. Includes hand treatment and customized facial peel. 80 Min \$195

### MOUNTAIN RECOVERY

Sink into relaxation to treat sensitive or sun irritated skin with calming Vitamin C & E, chamomile and calendula. This treatment calms and addresses redness from sunburn or windburn, rebalancing your skin from the environmental effects of enjoying the great outdoors. 80 Min \$195

### NUFACE MICRO-CURRENT FACE LIFTING

See our website for detailed information on NuFACE technology, an intensely lifting facial designed to firm, tone, and sculpt. This customized facial incorporates cutting edge micro current and Red LED light to help products reach deeper layers of the skin for a visible change. The micro-current helps the skin regenerate on a cellular level, leaving skin plumped, brightened, and glowing. This treatment will achieve immediate visible results. 80 Min \$210

## ELEVATE YOUR FACIAL

### NuFACE "Wow Brow" Eye & Brow Lift \$40

Give tired eyes a lift! We use a natural enzyme peel to remove dead skin cells to help our powerful mask and serum soak in deeper. NuFACE technology will help create a more lifted, youthful, and refreshed look.

### Pear and Poppy Seed Microderm Polish \$30

This natural microdermabrasion will infuse your skin with antioxidants and leave you with a glowing complexion.

### Restored Lip Plumping Treatment \$30

This 3 step process includes: Citrus enzyme peel, mask, and a moisturizer to help remove dry skin, increase collagen, moisturize, and plump lips.

### Fresh Citrus Hand Treatment \$25

Our luscious, creamy citrus scrub exfoliates the roughest hands, while our heavenly citrus balm heals your skin. You will leave with supple, hydrated hands.

### Eucalyptus Warm Foot Treatment \$25

Enjoy the sublime feeling of hot towels and luxurious foot massage using a combination of natural pumice, eucalyptus, and mint hydrating lotions. Your feet will be nourished and exfoliated to perfection.

### Relaxing Scalp Massage \$25

Unwind to the most peaceful state. Essential oils are massaged into your temples to assist in aromatic tranquility, while specific pressure points and strokes are used on the head, neck, and shoulders to release energy. You will leave with a sense of calm.

**Facial Waxing Available**





## BODY POLISH

Treat your skin to a sugar scrub that leaves it feeling soft, smooth and hydrated. For the ultimate in relaxation, longer treatments include a full body massage. Total indulgence!

### RELAXING LAVENDER

Be filled with the relaxing aroma of gentle lavender as this rich, whipped exfoliator is massaged on your skin. After a warm shower lavender oil is applied resulting in a nourished healthy glow. The soothing lavender scent will stay with you through the day and comfort you as you sleep.

25 Min \$90      50 Min \$145  
80 Min \$195

### MANDARIN MAGIC

You'll be tempted to sip this juicy, gentle cleanser that exfoliates with tropical sugar grains. Your skin is exfoliated without feeling tight, dry or stripped of natural oils. After a warm shower Mango oil will quickly penetrate your skin to hydrate the outer layers, providing a healthy glow.

25 Min \$90      50 Min \$145  
80 Min \$195

## BODY WRAPS

Body wraps are the perfect way to address what is below the skin's surface. After a thorough exfoliation, your chosen mixture is applied and you are cocooned in heated blankets while you enjoy a relaxing head and foot massage. After a shower, a body moisturizer leaves your skin healthy and soft all over.

### DETOXIFYING SEAWEED

This treatment is used for toning and reduction by models and movie stars around the world over. After exfoliation, you are covered with an imported seaweed blend. The seaweed is warmed on the skin, allowing your body to absorb the nutrients of the sea while you enjoy a scalp massage. After a shower, the minerals initiate the elimination of impurities and help detoxify the body while you relax with a foot massage. Finish the experience with a hydrating body lotion massaged into your skin.

80 Min \$215

### SLIM & CONTOUR MUD TREATMENT

This body treatment is ideal for those with cellulite, heavy legs and conditions involving water retention and bloating. A warm mineral formula is applied to the body to enhance cell regeneration and purification, then you are wrapped in a heated blanket to allow for deeper penetration of the active ingredients. Enjoy a head and foot massage, then a refreshing shower and application of reducing cream to improve circulation.

50 Min \$165      80 Min \$215

### MILK AND HONEY SKIN TREATMENT

The antioxidants of milk clean and purify the skin while the humectant properties of honey seal in moisture leaving the skin soft and supple. After a gentle exfoliation the skin is wrapped in the warm milk and honey mixture. Enjoy a scalp and foot massage as you rest. After a rinse a milky moisturizer is applied.

50 Min \$155      80 Min \$205

### RED CLAY HYDRATING BODY SOUFFLÉ

Soothe and refine the texture of your skin with this exfoliating and hydrating treatment. This antioxidant body soufflé is a synergistic merger of vitamin C and essential oils. After a gentle exfoliation, the warm soothing soufflé, rich in red clay, extracts while minerals spread over your body to relax and nourish every inch of your skin. As the healing and nourishing seeps in with warm heat, enjoy an aromatherapy scalp and foot massage. Finish with an application of luxurious body moisturizer, guaranteed to make your skin feel conditioned and silky smooth.

50 Min \$155      80 Min \$205





# SPA PACKAGES

## MOUNTAIN MEMORIES

Begin your mountain experience by soothing your skin with a mood rescue aromatherapy massage enhanced with essential oil head massage. Once entirely relaxed, enjoy our customized facial, amazing for all skin types with a 3-step lip treatment. This will truly be a day to remember.

*2 Hours Separately \$335*

**Package Price \$295**

## HIGH ALTITUDE ADJUSTER

Get ready to feel better. This package will certainly help you get back to your homeostasis. Stimulate your circulation with a detoxifying seaweed body wrap. Enter a deeper state of tranquility with a high altitude massage to rejuvenate your body and mind. Leave feeling calm and balanced.

*2.5 Hours Normally \$350*

**Package Price \$300**

## LADIES GETAWAY

Ladies unwind with the ultimate facial designed to improve skin's elasticity, tone and texture enhanced by our special lip treatment to leave your lips velvety soft. A mood rescue aromatherapy hot stone massage, using a calming blend of aromatherapy and warm lava stones, enhances a nurturing feeling from head to toe.

*3 Hours Normally \$435*

**Package Price \$385**

## A MAN'S ESSENTIALS

Sometimes men need to turn off their brains and relax! We've combined three treatments that men request most into one efficient package. Massage, Massage & more Massage! A full body sports massage to work sore and tired muscles, cooling foot and leg massage to release you from the bondage of shoes and a hot oil scalp massage to take you to a total state of relaxation. You won't want this one to end.

*2 Hours Normally \$295*

**Package Price \$255**

## LIFE IN HARMONY

Restore balance back into your body. Our detoxifying seaweed wrap is designed to initiate the elimination of impurities and detoxify your body. Follow with a massage using sweeping strokes to promote increased blood flow enhancing your circulation and flexibility yet reducing stress and anxiety. Experience a more balanced flow of energy as we finish with an age protection facial taking you to a deep dimension of balance, relaxation and well-being.

*3 Hours Normally \$440*

**Package Price \$390**

## COUPLES DELIGHT

You and your special someone will relax and enjoy time together while receiving a luxurious couples hydrating massage together. Next she will delight with a customized facial and he will enjoy our gentleman's facial. Leave feeling relaxed and connected.

*2 hours Normally \$600*

**Package Price \$525**

## FOR THE MOTHER TO BE

Indulge in an experience designed to honor and address the special needs encountered during pregnancy. Our 80 minute pre-natal massage will relax the lower back, feet and legs, while helping to hydrate the skin's elasticity. Then feel the moisture envelope your face with a facial customized to your skin's changing needs; your body will thank you.

*2.5 hours Normally \$365*

**Package Price \$325**

## FOR THE BEAUTIFUL BRIDE

Relax and enjoy before your big day. Begin your spa experience with our slimming and contouring body wrap. Your cares will melt away with a stress relief aromatherapy massage to put all your pre-wedding jitters to rest. Complete your experience with a facial customized to your skin type and a 3-step lip plumping process. You leave looking and feeling radiantly beautiful.

*3 Hours Normally \$500*

**Package Price \$435**





# SPA AMENITIES

## SPA AMENITIES

Use of all of our Amenities are Included during the entire day of your purchased spa service.

**EXTENSIVE FITNESS CENTER  
STEAM ROOM | INDOOR POOL  
TWO OUTDOOR MOUNTAIN VIEW HOT TUBS  
THREE TRANQUILITY ROOMS  
TEA, WATER, SNACKS  
LOCKER | ROBES | SANDALS  
COMPLIMENTARY VALET PARKING**

## SPA MEMBERSHIP

A Spa Membership includes all Amenities of the Spa guest except: Robes, Sandals and Parking.

**DAY PASS \$25**  
*(included with purchased spa service)*  
**WEEK PASS \$100**  
**MONTH PASS \$150**

Discounted auto-renewal memberships are also available. Please call 970.251.3500 for details.