

BREAKFAST

SMOKED SALMON PLATTER I asparagus, red onion, tomato, capers & lemon VEGGIE SCRAMBLE I egg beaters, onion, pepper, mushroom, broccoli EGG WHITE FLORENTINE I spinach, mushroom & mozzarella BUILD YOUR OWN THREE EGG OMELET I choice of: onion, pepper, mushroom, spinach, tomato broccoli, turkey, ham, bacon sausage, shredded cheese THE STANDARD I two eggs your way, home fries, bacon or sausage, choice of toast THE CHESAPEAKE I two poached eggs, lump crab & hollandaise on an English muffin BALTO BREAKFAST SANDWICH I broken yolk sandwich, two eggs, bacon, cheddar, tomato on toasted sourdough HEARTY SKILLET I three eggs, bell peppers, onion, bacon, mushrooms, cheese, potatoes BELGIAN WAFFLES I berries, whipped cream, log cabin syrup AMERICAN DREAM I three buttermilk pancakes, choice of bacon or sausage, log cabin syrup	16 12	
		12
	on, 13	
	14	
	16	
	8	
	13	
	11 12	
		REVITALIZE
	FRESH FRUIT I sliced pineapple, cantaloupe, honeydew melon & berries	9
SUPER FRUIT SMOOTHIE I choice of: blueberry & banana or strawberry & kiwi	9	
STEEL CUT OATMEAL I green apples, raisins, brown sugar, honey drizzle	9	
YOGURT PARFAIT I greek yogurt, granola & seasonal berries	9	
SIDES		
APPLEWOOD SMOKED BACON	4	
TURKEY SAUSAGE	3	
COUNTRY SAUSAGE	4	
SMOKED SALMON	6	
TOASTED BAGEL	3	
BEVERAGES		
JUICE I orange, apple, cranberry, grapefruit, tomato	4	
MILK I skim, 2%, soy	3	
HOT I regular coffee, decaf coffee, assorted teas	3	
SODA I Pepsi™ products	3	

*Thoroughly cooking food of animal origin, including but not limited to beef, eggs, fish, lamb, milk, poultry or shellfish reduces the risk of foodborne illness. Young children, the elderly and individuals with certain health conditions may be at higher risk if foods are consumed raw or undercooked.