

SAFETY GUIDELINES

Take care to walk on the right hand side of the road facing the traffic and be mindful of the occasional speeding motorist coming around the corner.

Please be respectful of the private property of the local farmers and residents.

For the intermediate and advanced hikes, please start your adventure during morning, travel as a group of at least three people and remember to tell someone your plans!

These hikes are best enjoyed with appropriate footwear, plenty of water, snacks, sun protection and a good insect repellent, and it is also advisable to have your mobile phone with you even though there may not be reception from all locations.

DIFFICULTY LEVELS

Easiest: Easy walking

Easy: Gentle walking

Intermediate: Comfortable hiking

Advanced: Challenging hiking

Frangipani (*Plumeria*)



Hibiscus (*Hibiscus rosa-sinensis*)

